

July and August



The East York Garden Club is a member of the Ontario Horticultural Association, District 5.

Meetings are held on the third Thursday of each month (except August and December) in the Stan Wadlow Clubhouse, 373 Cedarvale Avenue, at 7:30 pm.

Refreshments are available at 7:00 pm. The Clubhouse is wheelchair accessible. Visitors are always welcome.

Yearly membership fees are \$20.00 for a single, \$30.00 for a family. To inquire about membership, please contact:

Barbara Fairbanks at:
416-755-0278

Visit us on the web at
www.eygc.ca

President:

Barbara Fairbanks

Vice Presidents:

Rosalind Regnier and
Linda Boyko

Newsletter Editor:

Michael Woods



*"The East York Garden" is the Newsletter for **The East York Garden Club***



Happy 150th Canada !!! July 1st, 2017.

Next Meetings:

Thursday July 27th, 2017, 6:30 PM

Topic: The Annual July Potluck Dinner

This year's dinner will be in the garden of Dianne & Sandy Cavanaugh at 18 Adair Rd.

See Map on Page 2.

If you have never attended one of our July "meetings", don't be shy. It is a social evening and a true potluck—bring whatever you like—if we have 50 potato salads then that is what we have (it hasn't happened yet!)

A reminder of what to bring: a dish of food, with at least six portions* along with whatever serving utensil would be needed; your own plate and cutlery, and a folding chair for yourself. Beverages will be provided. There is no access to a refrigerator, freezer, microwave or oven. Please label all your containers and serving utensils.

*(The law requires us to give notice that the food has not been inspected i.e., eat at your own risk. In keeping with food safety, please follow general food safety practices: wash your hands when cooking, keep cold foods cold and hot foods hot)

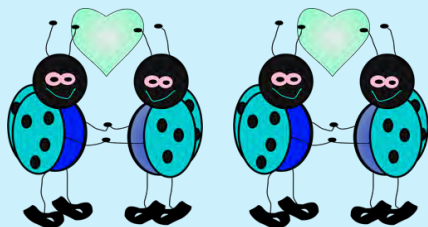
Saturday August 19th, 2017

Topic: Annual Flower Show and Tea

This is our big flower show of the year with top prizes for award winning entries. Entries for the Flower Show will be accepted between 6:30 and 7:30 p.m. on Friday evening, and between 9:00 and 11:15 a.m. on Saturday morning. Judging begins at 11:20 a.m. sharp. The show and tea is open to EYGC members and the public from 2:00 p.m. to 4:00 p.m. There will be some nice raffle prizes and tickets will be available for purchase on the day and at the Potluck dinner in July. You can vote for your favourite photo in each of 3 classes. For the afternoon tea, we would appreciate donations of desserts, cookies, or other goodies. The design theme for this flower show is "Summer Days". We have a speaker at 3:30pm from Toronto Bee Rescue and then at the end of the day, the competition flowers become bouquets and are auctioned off. Goodie packages will be available for purchase.

See more details on Page 22

Good luck to those members who are entering flowers, vegetables, photographs & designs!



Calling all Shutterbugs

Just a reminder that the upcoming **Annual Show in August** includes a "People's Choice" photography contest. Let your creativity shine through as you interpret these themes:

- **O Canada**
- **Gorgeous Blossoms**
- **Just Maples**

A few rules to keep in mind:

Members may submit one print per category which is to be no larger than 5x7 inches (approx. 13x18 cm.)

The members name should be printed on the upper right corner on the back of the photo.

Entries will be accepted between 6:30 p.m. and 7:30 p.m. on Friday August 18 and between 9:00a.m. and 11:15 a.m. on Saturday August 19th.

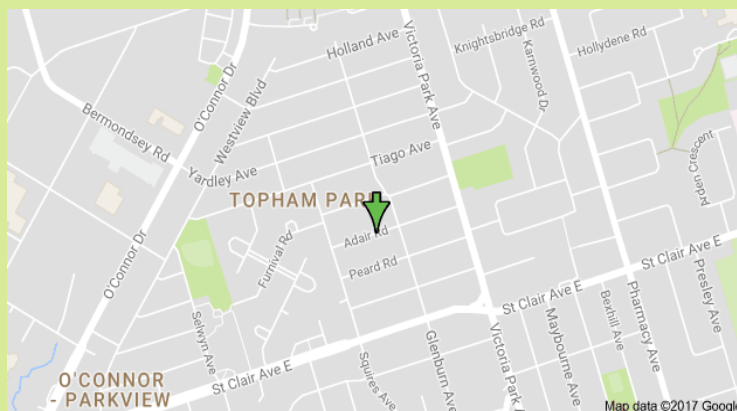
Looking forward to seeing lots of entries.

Linda Boyko & Anita Millar

Potluck Dinner: July 27, 2017.

Location:

18 Adair Road, The Cavanaugh's



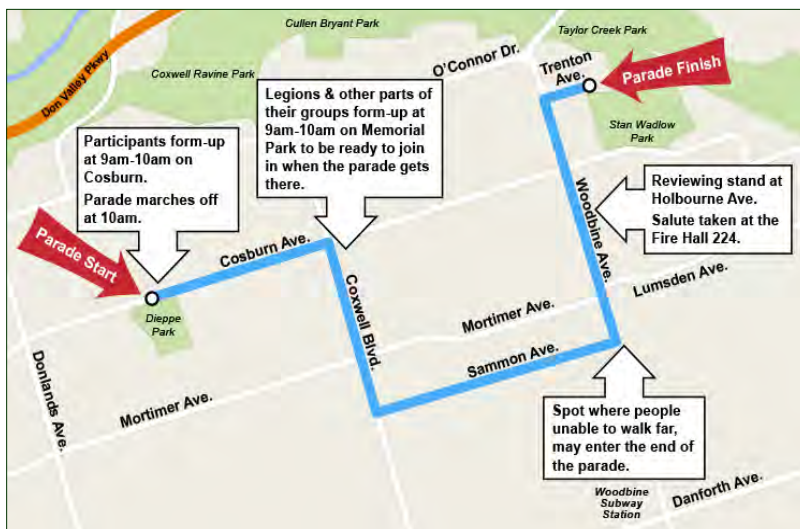
Our Potluck Hosts: Diane and Sandy

March in the East York Canada

Day Parade Saturday July 1st, 2017, 9:00 AM.

Want to march, but not sure you want to march the whole route? No problem, because you are welcome to join the EYGC group at any point along the parade route, and drop off at any point along the route. We just want you involved! See the map below for the parade route, and see what makes sense for you! Please remember to bring any plants that you want to donate to the plant sale, to the EYGC table in Stan Wadlow park.

See you at the Parade.





Prez Patch

by Barbara Fairbanks

Pop, Pop, Pop!

As I have said in my email blasts to you, the Pop-Up garden events have been popping up like crazy this spring with 12 full garden openings and 3 or 4 drive-by/walk-by front yard viewings. Incredible!

It takes time to keep up with the numerous requests, but thanks to **Diane Ronan's** idea of the Pop-Ups and her continuing help coordinating this special feature of the club, we continue to be successful in pulling them off. Many of our newer members have said to me on more than one occasion that they feel they have had their money's worth from their membership in a few short months already. Other members have said that they enjoy taking a break from their own garden to see the work of others and gain inspiration from the host gardeners and their fellow members. It is great to have more than 5 minutes to pick an experienced East York gardener's brain for tips, tricks and great plants to grow in East York. Thank you Pop-Up hosts for opening up your gardens to us, and thanks to Pop-Up attendees for supporting these events.

I do hope to see you at one or all of the events that we have planned for this summer, in addition to the Pop-Ups we will undoubtedly have: another Ryerson Rooftop Urban Farm tour on Sunday July 9th, our fabulous July Potluck dinner in a member's garden on July 27th, maintaining the Rockery on random Saturday mornings, and the Annual Flower Show and Tea on Saturday August 19th.

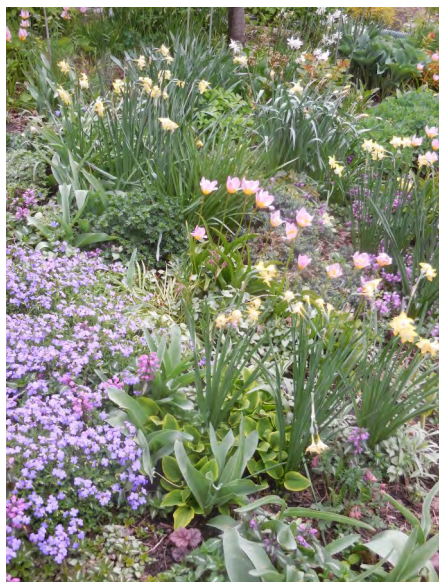
With all that in mind, would you like to join an active, creative and interesting garden club executive board? Let me know as we do have an opening....!

I look forward to seeing you at our meetings this year and, as always, you can contact me at:

barb.fairbanks-eygc@bell.net or 416-755-0278.

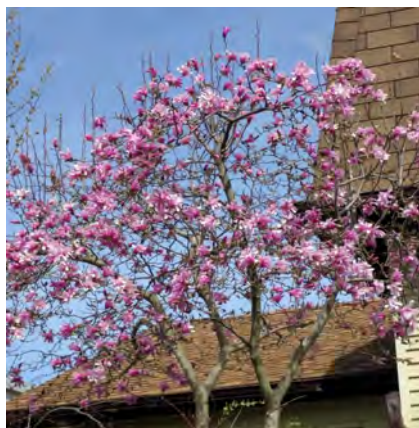


Garden Pop-Ups so far this Year!

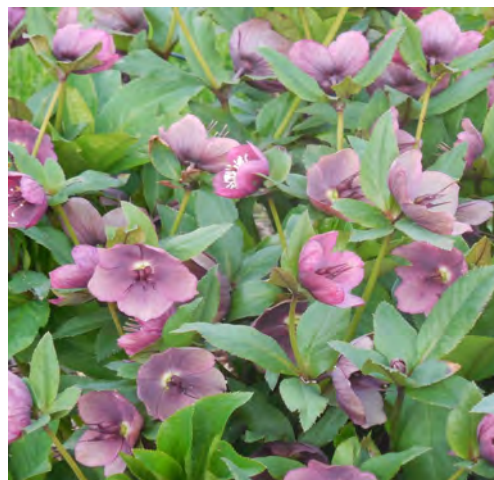


Rick & Wendy Plume's Front Yard

We've had a lot of Pop-ups to date, with many lovely gardens, & many beautiful blooms. Here are some photos if you missed them.



Anna Leggatt's Magnolia in April



Betty Meyers' Outstanding Hellebores



Michael & Alan's Chilly Tulip Display in April - Brrr...



Michael & Alan's Laburnum & Viburnum



Nola McConnan's Trilliums - What can you say but - Wow, Wow, Wow!

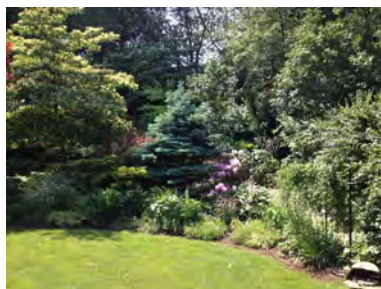


Paul & Karen's Elegant Wisteria

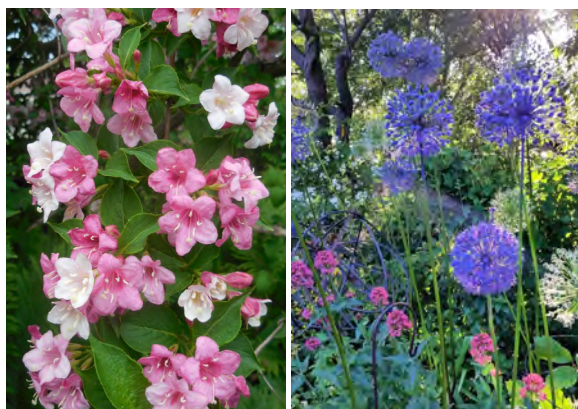
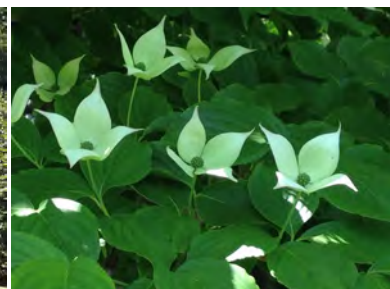
Garden Pop-Ups so far this Year!



Diane & Peter's Border & Clematis



Veronica Callinan's Terraced Reverse Ravine & Dogwood



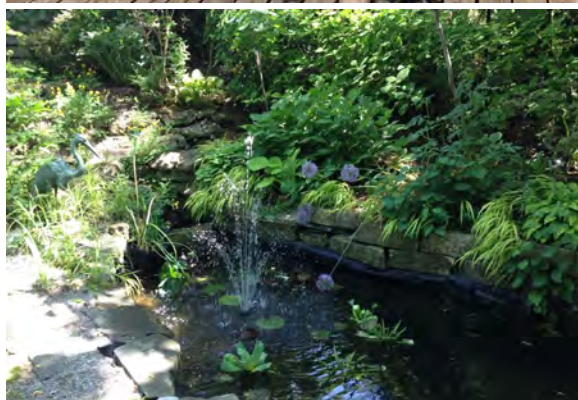
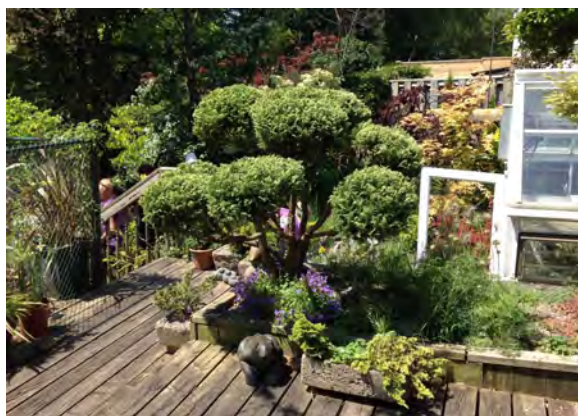
Roz Regnier's Weigela and Alliums



Austra Gulen's New Gardens



Laura Grant's Azaleas & Rhodos



Anna Leggatt's Deck, & Pond with Fountain



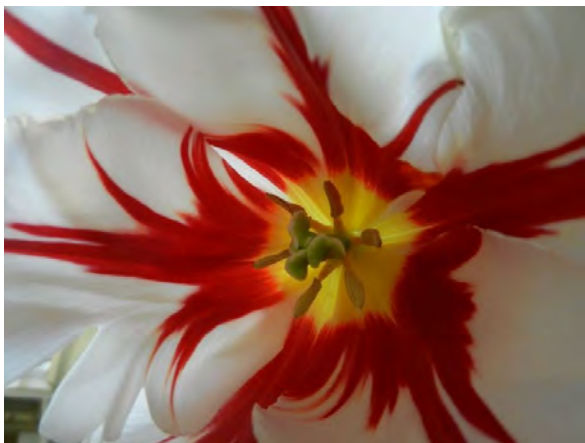
Mary Lou Burt's Drive-by



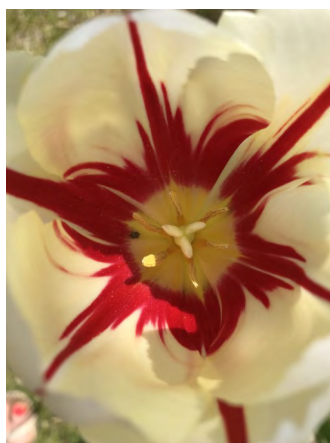
Michael & Alan's Alliums etc.

EYGC Celebrated with Canada 150 Tulips!

I'm ready for my Close-up Mr. DeMille...



Roz Regnier



Anne Stanley



Patricia Houghton



Michael Woods



George Gorrie



Michael Woods



Bana Bruner



EYCC - Malcolm Geast



Claudette Levesque



Patricia Houghton

EYGC Celebrated with Canada 150 Tulips!

Looking at the broader Perspective...



TBG - Susan Bartlett



EYCC - Malcolm Geast



Diane Ronan



Sue Mason



TBG - Susan Bartlett



Lynda Tanner



Diane Ronan



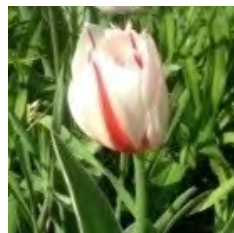
Bonnie & John Howes



Janet Zablocki



Papazoglou Family



Mary Lou Burt



Rockery

What's Wrong Here?



Michael Woods



Wini Stoddart

Members Articles

Our question in last months newsletter was:

“Do you grow edibles or herbs in your garden? What are your favorite edibles & herbs to grow? Please tell us.”

Respond to our question, or come up with an idea of your own for an article!



My Favourite Herbs & Edibles to Grow

By Michael Woods

Like most gardeners there are lots of plants that I love to grow, and that includes many plants that one associates more with a vegetable garden or a “kitchen garden”. The “entry level” culinary plants for a lot of people are herbs, and they certainly were for me. When I lived in an apartment I always loved having pots of aromatic herbs on my windowsill, where the fragrance could carry me out of my high-rise, and down to the earth where I would imagine digging in the soil and making things grow.

Rosemary and thyme were two of my favourites because of their intense aromas. They still are two of my favourite herbs, and now that I am fortunate enough to live in a house with a garden, I have several varieties of thyme growing in the garden, although the rosemary is still in pots so they can be brought inside for the winter. The bonus to that is I get to smell that glorious rosemary fragrance even when we have two feet of snow on the ground outside in the middle of winter.



Rosemary



Thyme



Tomatoes

But enough about herbs, or I won't get to my most favourite edible to grow – Tomatoes! Notice that I capitalize Tomatoes – that's because I think they deserve it. They are to me the top of the heap when it come to edibles. (I refer to them as edibles to avoid the whole “fruit or vegetable” discussion, although as gardeners we know them to be fruits)

Having a small city garden, I tend to choose indeterminate tomatoes, ones that need staking, so that I can use the vertical space to best advantage. In addition to allowing you to get more plants per square foot, it gives you the opportunity to tidy up the plants, remove excess foliage that can take energy away from the fruiting process, and have more attractive looking plants. Yes, I am a bit of a “bossy-boots” gardener, or using the term that is probably more accurate, control freak. Or as much of a control freak as Mother Nature will allow. We all know she is the real boss...

I had given up growing tomatoes a few years ago, when our trees matured and changed our sunny garden into a rather shady one. I missed them a lot, and I did try growing them in containers, but I found that the “patio” varieties did the best, and I aspired to grow heirloom varieties, which demand more space and even more sun.

One day when washing the car, I realized that the sunniest part of our property was the driveway, especially along the side of the house. Even after our neighbour put a second-floor expansion on their house, the summer sun was high enough in the sky to still give us full sun on the south side of the house along our driveway. So, as an experiment, we put a couple of tomato plants in an old window box that we weren't using anymore, and put it at the base of the house in the driveway. To our surprise the tomatoes grew gangbusters, and we soon had to put up a trellis (concrete reinforcing mesh – it works great, it's cheap, and you don't notice it on the brick.), so the tomatoes would have something to support them.



The old window box was woefully too small of course, and as you can see from the photo we had to use some of those watering spikes that you can attach to recycled pop bottles filled with water, so that we didn't have to water the tomatoes every five minutes.

The Tomato Experiment

The next spring, we invested in a couple of very large planter boxes, added more trellis, and expanded our tomato growing efforts. The boxes

we found were 16” high by 32” wide, but only 12” deep, so they provided lots of soil, but didn't hamper the pathway to the backyard gate. Again, they exceeded our expectations, and provided us with a bumper crop of cherry tomatoes, as you can see in the photos.

We had decided to plant only cherry tomatoes that year because of their size and more constant production, and ended up with more tomatoes than we could eat. So, this year, we decided to plant some cherry tomatoes, some medium size ones, and one beefsteak size plant, so we will see how they fare. They are all heirloom tomatoes this year, so we will be able to save the seeds of our favourites and plant them again next year.

My advice is, don't give up on tomatoes, just find your sunniest spot, and the largest container you can manage, add a trellis and some tomato plants and see what happens!



The Improved Driveway Tomato Planters



Three Things I Can't Garden Without

By Rosalind Regnier

1. **A MILK CRATE** - While waiting for a red light to change, I noticed a city employee weeding a flower plot while sitting on an overturned milk crate. The old knees aren't what they used to be. It works great. you can also place it between small plants.
2. **A GARANT DANDELION REMOVER** - Bought from either Home Depot or Rona. You place the prongs surrounding the crown of the plant, step on lever & push about 1" down, turn the handle 1 rotation (the plant should rotate), pull up the handle & eject into a bucket. Easy!
3. **AN ELECTRIC RECIPROCATING SAW** - Probably Canadian Tire. Works great. Saws tree roots, small branches, NO SWEAT. New blade installs easily. My son used it to the remove rotting deck in the back yard before young BRAD PITT built a new deck. No ladies, BRAD didn't remove his shirt - it was November, but he did for my daughter-in-law in July.

Happy Gardening, Rosalind Regnier



Off to the Port Perry Area!

By Linda Boyko

What do you do when you move from a city-sized lot to a 150-acre property? If you are Keith and Zane Strait-Gardner you create a magnificent garden and occasionally let people in to view it. The 44 people on the June 10th EYGC bus trip were allowed the opportunity to wander through this property at their leisure. We listened to the bullfrogs in the pond, viewed the man-made folly, the haw which was turned into a scree garden, marvelled at the 10 foot high cedar hedge which enclosed a garden filled with blooming peonies and wandered the trails. Keith doesn't farm the property per se but he did plant 60,000 trees. For those who didn't attend you can check out the gardens online at www.familiae.com. Click on the garden tour link.

The second garden we visited, "Four Winds Farm" is a mini arboretum. Owners Roger and Grace Inglis's tree collection included many Abies concolour specimens, a wonderful gold coloured Pinus sylvestris 'Aurea' which was so bright you almost needed sunglasses to look at it, as well as other conifers and deciduous trees. Lunch was a sit-down affair at the Uxbridge golf club. Very well organized by the restaurant - we were in and out on time.

Our first stop after lunch was historic Tyrone Mills. Built in 1846 as a water-powered mill it still operates. The building now also houses a store where one may purchase flours milled on site, cider or apple cider donuts (it was amazing how many people found room for a donut after lunch). Visitors may wander upstairs and view the historic equipment.

To wash down the donuts our next stop was at Archibald Winery where we were offered a taste of their hard or soft cider. The shop also sells many wine and food related items.

Of course no garden tour is complete without a stop at a nursery. This year we returned to Vandermeer in Ajax. Plants bought here are well adjusted to our growing conditions as approximately 98% of the plant material they sell is grown in Ajax. Needless to say, the bottom bus bays were soon filled with trays of plants, pots and other garden related paraphernalia.

Our sincere thanks goes to **Roz Regnier** who once again put together a fabulous day. I am looking forward to seeing where next year's trip will take us.

The 2017 Bus Tour to the Port Perry Area



Roz Regnier and her tour group, after a day in the Port Perry area, & buying plants at Vandermeer Garden Centre



Keith and Zane Strait-Gardner's 150 acre property with rock garden, small pond, large pond and lots of flowers



Roger & Grace Inglis's "Four Winds Farm" is a ravine lot with many beautiful trees, terraces, and lovely plants

Rockery Update...



We had a great day on June 3rd for the Rockery clean-up and general maintenance. Lots of bulbs were blooming, and lots of weeds were being evicted. Thanks to everyone's hard work, the Rockery got tidied up, and a good time was had by all. Hopefully everyone stretched & warmed up first. Um...there are more weeds...



Jacqueline Loves Weeding



Maureen is ready!



John, Susan & Dirty Paul



Alan, Roz, & Clean Paul



The Whole Gang of Rockery Volunteers, not on the level...



Jeff Whips & Snips

Ryerson Roof-Top Garden Trip

On two of the hottest days of June, 23 EYGC members, toured the quarter acre farm on the Andrew and Valerie Pringle Environmental Green Roof at Ryerson University. Urban farm manager Arlene Thorness and her colleagues guided us on a 45 -minute walkabout of their edible garden. In 2016, this urban farm produced 10,000 pounds of vegetables. From spreading organic compost every spring, to covering seedlings, rotating crops and keeping pests and weeds out their cash crops, this place is a definitely a working farm. It just happens to be on a rooftop in downtown Toronto. Many thanks to [Rob Norquay](#) for organizing these tours.

By Monique Gauthier



The Abbey Road Cover - EYGC Style



The Ryerson Rooftop Garden



Anne in Awe...



Crops



Crops



Crops and Crane...



Manager Arlene Thorness



The first EYGC Ryerson tour group - All outstanding in their field...or at least in Ryerson's field!



District 5 AGM Report

by Susan Bartlett

This year's Annual General Meeting of the District 5 was hosted by the Leaside Garden Society at the Toronto Botanical Garden on April 29, 2017. The TBG bulb gardens were in full bloom – how timely for this to coincide with the AGM - this made for a lovely entrance,

Leaside's theme was "the birds and the bees... and all that jazz". This theme was reflected in the décor - yellow background colours with black accents. Our hosts had arranged breakfast treats and coffee upon arrival and the room filled quickly. EYGC had three full tables, a few later arrivals had to spread out – a good chance to meet gardeners from the 17 other clubs in District 5.

The early morning business got under way, then a few door prizes were drawn - EGYC members won a couple of these. Clement Kent, the morning speaker really gave us something a little different to think about. Caring for the planet, the moral obligations of gardeners...heavy stuff but a new way to approach our roles as caretakers of the planet via our garden work. In the midst of his talk, some Canada Geese landed on the roof above us and honked emphatically – as if to drive the point home!

Soon it was time for delicious boxed lunch and on to view the flower show. And what a flower show! While Leaside took many of the top honours, our members did have some impressive entries and won a few ribbons. East York did take home a trophy that day - for the biggest increase in membership! We also did quite well with our paper entries – newsletter and promotional materials.

Martin Galloway was the afternoon speaker. While his talks are usually humorous, Martin is also full of wisdom. He reminded us that attracting bees and pollinators means we also have to make room for plants and insects we may not find as attractive, but they are all part of a healthy garden ecosystem. Even those messy looking dead plant stalks that we tend to rip out of our gardens come spring should be left alone - they provide an important home to emerging pollinators.

Leaside had an impressive group of raffle prizes on display. The last ones were drawn to end the day and a couple of EYGC members went home happy winners. Thank you Leaside for an informative and fun day with great food, excellent speakers and good company.



Susan and Barb Check out the flowers



Joyce Crook shows off her prize!



Wilfred Haufe's Orchid



Susan accepting trophy from Malcolm



Our Membership Trophy



Betty Meyer's prize Hellebores



Checking out the Cut Specimens



Our Print Awards



A full house at the District 5 AGM

EXGC April Flower Show

While I wasn't here to see it, the number of cut specimens was the biggest number ever! At 72 entries it blows all our past April entries away since 2012. I am sorry I missed what must have been a spectacular display.

Congratulations to Vera Stoyanoff for her Best Cut Specimen award for her Narcissus and the Best Potted Plant award for her variegated Benjamina. The Best Design award went to Carol Bouley for her "Arc de Triomphe" crescent design. The Best Preserve award went to Wilfred Haufe for a clear jelly. And Anne Stanley was awarded Judge's Choice for her very lovely "Le Marche" in a basket.

Barb Fairbanks



Anne Stanley's Judges Choice Winner



Certify Your Garden: *50 in 150 Update*

CONGRATULATIONS to everyone who has had their garden certified as a wildlife habitat by The Canadian Wildlife Federation!

Please let us know when you have received your certification and we will let everyone know in the upcoming newsletters. We will be tracking names on our tulip poster shown below.

Gardens certified to date:

1. Alan Barber & Michael Woods
2. Austra Gulens
3. Rob Norquay
4. Margaret McRae
5. Diane & Peter Ronan
6. Nola McConnan
7. Gail Gregory
8. Anita Millar
9. Kathy Paidock
10. Mike & Susan Dolbey
11. Laurel Angeloff
12. Giuliana Giacomini
13. Jennifer Smith
14. Veronica Callinan
15. Mary Lou Burt
16. Rosalind Regnier
17. Stacey Shannon & Sue Wells
18. Suzanne Isaacs
19. Sonia Van Heerden
20. Karen Bell



Good luck! Please refer to the helpful hints published in the March/April newsletter, or ask at the table.

June Flower Show Summary

Thank you to all our participants and volunteers in the June flower show. We had many beautiful entries and designs. While we missed having Jean Quinn and Anna Leggatt competing this month, we did have 20 competitors—and some were new!

We had some challenges with adhering to our permit times for using the auditorium, but in the end it all came together with a big thank you to the volunteers for setting up, cleaning up and helping place entries and show new competitors how to fill out their entry tags. Thank you to our show clerks Wini Stoddart and first-timer, Karen Bell.

Congratulations to: first-time competitor, Austra Gulens for her lovely pink peony that received the Best Cut Specimen award, Betty Meyers for her beautiful red rose that received Best Rose award, and Vera Stoyanoff for her “Rocky Mountains” Best Design award and also the Judge’s Choice award for her foxglove.

Barbara Fairbanks



Vera’s Amazing Foxglove



Austra Gulens



Vera Stoyanoff’s Flag Design & Rocky Mountains



Betty Meyer’s Best Rose



Austra’s Best Cut Specimen

OHA Convention July 21-23, 2017

You still can register to attend the OHA's 111th Convention at the Sheraton Hotel on Highway 7 and Leslie. Take a look at the OHA website for more information:

www.gardenontario.org

EYGC has supported this event with Barb Fairbanks being on the planning committee, our members Anna Leggatt and Malcolm Geast will be seminar speakers, our artistic, handmade creations are part of the silent auction, and many members have entered the creative writing, photography, art competitions and the flower show.



Some of the beautiful items handmade by EYGC members and donated to the OHA silent auction. Items courtesy of Carole Aida, Claudette Levesque, Allison Piercey, and Nola McConnan.

Environment Day in East York

Volunteers Sue Wells, Jennifer Smith, Suzanne Bond, and Wini Stoddart were the EYGC team at the Janet Davis Environmental Day Event.



Avoid Those After-Gardening Aches and Pains

Eric Daw is a Fitness Specialist focused on Older Adults. Eric came to one of our EYGC meetings last year, and again this May to pass on his helpful hints for reducing aches, pains and strains when gardening. Below is an article Eric put together for our membership.

While gardening is a great activity that many enjoy typically during the warm season, it can cause aches, pains and injuries because of its physical nature. So as an Active Aging Specialist, how can I help gardeners and possibly improve their experience doing what they love? Well, read my tips below, on skills that every gardener should incorporate into their repertoire.

- **Do a Warmup** - Since gardening is an activity that is physical in nature, doing a warm up is very important. The older we get, the less we are able to get away with not allowing our bodies to be properly warmed up before beginning. Not being properly warmed up in physical activities can lead to increased likelihood of injury and an earlier onset of fatigue. For a good warm up, I recommend that you do the less physical tasks first like dead heading, weeding, and trimming before you get into the more physically demanding work. This would allow your body to ease its way into the gardening, and greatly reduce the chance that you will hurt yourself doing it.
- **Focus on Form** - Many of us have heard the saying "Lift with your knees, not your back", this is because your legs are much stronger and able to support weight than your back. Focus on how you lift an object, not just getting the weight up. I was surprised when speaking to the gardeners last week, that a bag of soil can weigh as much as 15 kilograms or over 30 pounds.
- **Strengthen your Core muscles** - Our core (stomach and back) supports all of our bodies movement. When we have a weak core, our back has a tendency to do more work than it needs to, which can cause back pain. I would recommend that you practice exercises like planks to improve your core strength.

Eric Daw is an Older Adult Specialist and the Owner of Omni-Fitt. Omni-Fitt is committed to the health of seniors through fitness and all areas of wellness. Eric motivates and encourages seniors in Toronto to take responsibility through positive mentoring experiences.



Eric Daw
Omni-Fitt.com

info@omni-fitt.com
416-450-0892

May and June 2017 EYGC Newsletter Photo Credits:

Various Photos: *Jusan Bartlett, Barbara Fairbanks, Monique Gauthier, Malcolm Geast, John Howes, Rick Plume, Rosalind Regnier, Diane Ronan, Michael Woods, & all the members who submitted their photos of Canada 150 tulips!*

Delicious & Refreshing Recipes Using Summer Fruits

When the local black cherries are in season, it's a great time to enjoy this refreshing cocktail!

MDW Editor

Bloody Beckett

After returning from a day at Canterbury Cathedral, I came up with a new drink I'm calling a "Bloody Beckett".

- 6 to 8 pitted Black Cherries
- A pinch of sugar
- Slice of lemon

Muddle well in the bottom of a large glass. Fill with ice, add:

- 2 ounces of Gin
- Top with Bitter Lemon soda

Sip and enjoy!

MDW



Baked Rhubarb and Strawberries

- 2 cups hulled strawberries cut in half
- 3 cups roughly chopped rhubarb
- 1/4 cup maple syrup
- 1/4 cup sweet vermouth
- 1 tbsp. balsamic vinegar
- 1 tsp sea salt

Preheat oven to 350 degrees.

Put the cut fruit in a large bowl.

Mix the remaining ingredients together and pour over the fruit. Toss gently to coat.

Line a rimmed baking sheet with parchment paper and spread the fruit over it in one layer.

Bake approx. 40 minutes until rhubarb is soft.

Delicious with ice cream, on pancakes, in a spoon, anywhere!

Keeps for a week.

*Thanks to **Jane Karpenko** for submitting this delicious recipe!*

Come and see us at the East York Farmer's Market...

We will be there to promote the Club, our membership, the 50 in 150 Certification project, our Rockery community project and any other interesting initiatives we have started. We hope to be at the market on the following **Tuesdays: July 25th, August 15th, September 12th and October 17th.**

If you would be interested in working with another member for just an hour or so at the table, let **Barb Fairbanks** know! It is a nice way to get to know one or two new members in a nice setting. You won't believe how many members go to the market and come by and say hi.



Bana and Barb at the East York Farmer's Market

Articles and Photos Required for the Newsletter

Our membership is full of people who have a lot of knowledge, information, experience and talent, and we would like to hear from you. This is your newsletter, so why not write something and send it in for publication? To spur you on, we will have a different question in each issue of the newsletter that will hopefully nudge some of you to do some writing. So this issue's question is:

“How did you get interested in gardening? Did you have a gardening mentor, or maybe a particular inspiration that you would like to share?”

If you have a few photos to accompany your article, please send those along too, preferably as JPEGs. Please send your articles to:

Michael Woods, Editor, EYGC Newsletter
woods-eygc@bell.net

If you have any ideas for questions that you would like to see posed to the membership, please send those along too.

The Annual Flower Show and Tea: Saturday August 19th

Put on your creative thinking caps for another spectacular Annual Flower Show! This is a great competition and it is judged by three accredited horticulture and design judges. It is a really wonderful way of celebrating what is growing in East York and who grows and shows the best of the best. There are special cash awards for 8 “Best Of” awards in addition to the points and prizes.

There are 50 cut specimen classes, 13 plant classes (including hanging plants and dish gardens), 11 fruit and vegetable classes from beans to zucchini, and 7 adult design classes and a children's design class.

The design theme this year is: “Summer Days” filled with inspirations from Road Trips, Cottage Country, a Beach Blanket and a dried miniature design BBQ!

A reminder to entrants: Friday entry time: 6:30 to 7:30pm and Saturday entry time 9-11:15am. Judging starts at 11:20am sharp!

Looking forward to seeing everyone's entries and if there are any questions regarding the show, please call us: Cristina Brown 416-755-9077 or Barbara Fairbanks 416-755-0278

The Tea Part of the Annual Flower Show & Tea!

The Flower Show and Tea opens for viewing by members and the public at 2pm. We welcome you to come and purchase a tea ticket and enjoy a lovely afternoon with a large assortment of goodies and great coffee, tea, a special herbal beverage or a lemonade. A reduced ticket price for our members—bring your membership card!

If you have not attended one of these special Saturday afternoons—here's a peek at what you can expect:

View the flower show and see hundreds of award winning entries.

Prizes to be won if you purchase one or more raffle tickets. Voting in our **People's Choice Photo Contest** (see the details in this newsletter or your yearbook as to how to enter and the class list). Listening to a fascinating short **talk from Toronto Bee Rescue** on what they do to capture bee hives that haven't chosen the best places to build—you would be surprised! They will have **bee products for sale** too. At the end of the afternoon, we have **the absolute best flower bouquet auction made up from the competition flowers** and the delicious goodies will be packed up and sold as tasty takeaway treats.

What a fabulous way to spend a summer afternoon. Bring your family and your friends—and some extra cash!

Flower Show Rule Change for 2017 onwards:

Please note that this year we have changed Flower Show Rule # 18 stating that you can now display your cut specimens in your own containers as long as they are similar to club containers (glass vases, jam jars etc)

We will be marking the base of our club containers with a bright red dot of nail polish. You are responsible for taking your containers home or putting them in the recycling bin after a show.

**Dog Strangling Vine****Bindweed**

Proper Disposal of Invasive Plant Species:

To dispose of an invasive plant, leave it in the sun for two days inside a black garbage bag. Never put it in your compost or yard waste bag, as it could survive and make a comeback.

Visit online for your Invasive Species Action Plan. See:

www.Ontario.ca/InvasionON

Choose native or non-invasive species to make sure all of your flowers are friendly. Don't relocate plants from your home to your cottage garden, and vice versa or you may spread an invasive species without meaning to.

**Dog Strangling Vine Flowers****Garlic Mustard**

Hey...What's Going On...?

Here is a very brief summary of some events that you may be interested in...

Dates:

Title:

For More Info Contact:

July 5, 2017	Gardens of Owen Sound Bus Tour	https://www.facebook.com/groups/539400819501602/?ref=bookmarks
July 8, 2017	Niagara-on-the-Lake Horticultural Society Annual Garden Tour	https://www.notlhortsociety.com/gardentour.html
July 8, 2017	Georgian Bay Garden Tour	Phone for more info: (705) 549-1382
July 9, 2017	Mississauga Garden Festival	Phone for more info: (905) 274-8938
July 9, 2017	St. Mary's Garden Tour	Maps must be purchased for the tour, they are \$10 and will be sold on the day from 12:45 p.m. to 3:00 p.m. Location: In front of St. Mary's Town Hall
July 15, 2017	Bracebridge Horticultural Society Garden Party	Phone for more info: (705) 645-2507
July 16, 2017	Brantford 165th Flower & Garden Show	Website for more info: www.gardenontario.org/site.php/brantford
July 22, 2017	Mount Forest Town and Garden Tour	Website for more info: www.gardenontario.org/site.php/mountforest
August 20, 2017	Rhizome Sale at the Royal Botanical Gardens	Website for more info: www.cdn-iris.ca
On-Going	Certify Your Garden Through The Canadian Wildlife Federation	http://cwf-fcf.org/en/explore-our-work/connecting-with-nature/in-the-garden/get-certified/?src=ws

*This list is to alert you to some of what's going on horticulturally in Toronto and the surrounding areas. Comprehensive information about each event is **not** listed here. We don't have the space for that. If you see something that interests you, then explore it further on your own. If you decide to go to one of these events, please let us know about your experience. **Thanks!***

For a detailed on-line listing, go to gardenmaking.com, and select "Garden Events—Ontario"

Welcome to the New East York Garden Club Members!

The following people have become members of the East York Garden Club since May 1st, 2017. Please join us in welcoming them to the garden club.

*Darren Baird
Melvine Baird
Barb Fox
Cathy Goring
Lenore Juan*

*Jennifer Ling
Susan Slottow
Teresa Slusarchuk
Christa Lindberg
Mary Lou Sawyer*



If you would like to make a submission to be included in the next issue of "The East York Garden" newsletter, the next deadline is:

August 20th, 2017.

Please email your comments regarding our newsletter, or your submissions for the next issue, to Michael Woods at:
woods-eygc@bell.net

We're on the Web! Find out more information and get back issues of this newsletter at our website:

www.eygc.ca



EAST YORK GARDEN CLUB

"The East York Garden" is the Newsletter of the East York Garden Club