September/October







The East York Garden Club is a member of the Ontario Horticultural Association, District 5.

Meetings are held on the third Thursday of each month (except August and December) in the Stan Wadlow Clubhouse, 373 Cedarvale Avenue, at 7:30 pm.

Refreshments are available at 7:00 pm. The Clubhouse is wheelchair accessible. Visitors are always welcome.

Yearly membership fees are \$20.00 for a single, \$30.00 for a family. To inquire about membership, please contact:

Barbara Fairbanks at: 416-755-0278

Visit us on the web at www.eygc.ca

President:

Barbara Fairbanks

Vice Presidents:

Rosalind Regnier and Linda Boyko

Newsletter Editor:

Michael Woods





Next Meetings:

Thursday September 21, 2017, 7:30 PM

Topic: Ferns

Speaker: Cathy Kavassalis

Come learn about weird and wonderful ferns from the desert to the Arctic. See the fascinating potato ferns that house ants and the iridescent ferns that glow in the dark. What makes a fern? The answer may surprise you. For your garden or home, there is a fabulous fern for you. Let's start a new fern craze together.

Catherine Kavassalis is a passionate gardener and conservationist. She is member of the Halton Master Gardener group, Past President of Oakville Horticultural Society and a former member of the Board of Director for the Royal Botanical Gardens. Catherine loves to garden and has had her own organic garden featured on several tours.

Members with Surnames beginning with "V" through "Z" are asked to bring some cookies or squares for the refreshment table. Thank You!

September Flower Show: Good luck to everyone who enters in the September Show.

Thursday October 19, 2017, 7:30 PM

Topic: Let it Bee: Conserving Wild Bees in the City Speaker: Sheila Colla

Come hear about the ecology and status of native pollinators. Ways to support declining species through planting, citizen science and advocacy will be discussed.

Dr. Sheila Colla is an East York resident and an Assistant Professor in the Faculty of Environmental Studies at York University. She has studied the ecology & conservation of native bees for over a decade. Her PhD research was some of the first evidence of native bee declines in Canada and provided information which lead to the Rusty-patched bumblebee being listed as an Endangered species in Canada and Ontario.

Members with Surnames beginning with "A" through "B" are asked to bring some cookies or squares for the refreshment table. Thank You!

Don't forget about the Seed Exchange, and the Carved Pumpkin Contest at October's meeting, as well as receiving entries for the Annual Fall Photo Contest. The results and awards for the Annual Fall Photo Contest will be revealed at the November Meeting. Good luck to everyone!

Another great reason to carry your EYGC membership card with you....



Hello East York Garden Club:

Davenport Garden Centre is delighted to let you know that we will be opening a third location of our garden centre at 903 Pape Avenue on the site of the former Bill's Garden Centre.

We will be opening in early November, 2017 for the Christmas Season. We will offer East York Garden Club members **15% off** at all our locations. We would be pleased to have our opening information as well as the promotion announced in your newsletter.

We are looking forward to being a part of your community.

Carla

Davenport Garden Centre







Bunchberry voted Canada's National Flower in Ontario Master Gardener Contest

The votes are in. Canadians have spoken. Bunchberry (*Cornus Canadensis*) is the country's new national flower.

A nation-wide contest to celebrate Canada's 150th anniversary, sponsored by Master Gardeners of Ontario, has embraced the bunchberry, known as quatre—temps in French and kawiscowimin in Cree, as the winner.

The Ontario Regional Lily Society will

be holding its annual bulb sale and auction at the *Royal Botanical Gardens* in Burlington, on Sunday, October 1st at 1 p.m. The lily bulb sale

will be held in RBG rooms 3, 4 & 5.
This event is open to the public.
Anyone interested in growing lilies should plan to attend. We offer both hard to get and common lilium bulbs.





Prez Patch by Barbara Fairbanks

A Pretty Proud President

I am really proud of our East York Garden Club for many reasons, but lately the Club has had so many kudos it is hard not to see it and be excited... and proud.

At the OHA convention held in July, the Club won many prizes in the competitions:

- For horticultural entries alone, we entered 54 classes and won 45 ribbons!
- A first prize for our Bee Condo!
- First place award for the number of entries by a Society!

Our competitors took home \$277 in prize money and EYGC received \$22 for our publication wins!

We also had several members who made items and donated them to the silent auction: Allison Piercey, Carole Aida, Claudette Levesque and Lee Pritchard who together, with many other donors from across District 5, raised a lot of money for the District. We also had members volunteer to help in many ways during the convention including helping delegates find their way: Susan Bartlett, Suzanne Bond, Cristina Brown, Velma Ko and Rosalind Regnier. Thank you, thank you, thank you for all of you who helped make this a tremendous success for the OHA, District 5 and EYGC!

As you know, we have an EYGC table at the East York Farmer's Market once a month. It is truly inspiring and gratifying to hear the volunteers manning the table bubble over about what a great club we are: down to earth, friendly and loads of information from guest speakers and members alike.

Then, when I get a phone call or email out-of-the-blue from a member, offering some of their time or knowledge for an event or activity with no solicitation from me, well that is the best. Because I know we are doing something right that makes you want to help. And truth be known, there have been a few times this past year I have been brought to tears by these generous offers that came just at the right moment.

A pretty proud President—it is easy with such a wonderful Executive Board and a terrific membership to work with throughout the year. Thank you once again and enjoy the rest of your summer.

Barb Fairbanks

I look forward to seeing you at our meetings this year and, as always, you can contact me at:

barb.fairbanks-eygc@bell.net or 416-755-0278.



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Members Articles

Thank you to everyone who responded to the question in our last issue:

"How did you get interested in gardening? Did you have a gardening mentor, or maybe a particular inspiration that you would like to share?"

I'm sure you will enjoy reading these inspiring responses.



My Gardening Mentors were: My Family By Diane Ronan

Starting in the 1900's my great grandparents (on both sides) settled in Perry Township in midnorthern Ontario & became subsistence farmers dealing with a rocky, thin soil terrain. Every family had a vegetable garden and practiced the art of

Township of Perry

NOTICE

Every householder in Perry Township is most strongly urged to plant a good garden this spring, as no relief will be given during the winter of 1933-34, to anyone who has not secured enough vegetables for themserves and family.

This notice is published by order of the Council.

H. R. HAYWARD, Clerk M4-3c.

"putting food by" either by drying, canning or using a root cellar. In 1933 a notice from the Perry Twp. Council encouraged householders to "plant a good garden".

Naturally, my parents and grandparents all had gardens when I was growing up. Mostly it was vegetables but flowers started sneaking in.

I'm told that my great grandmother, Effie Murdy, ignored her husband's orders not to waste space on flowers and sprinkled poppy seeds amongst the potatoes. Apparently, the poppies were beautiful and even my great grandfather William grew to like them.

My mother always planted flowers in the vegetable garden. Her favourites were, nigella, clarkia, bells of Ireland and calendula.

When I had my first "Very Own Garden" on Gamble Ave. in East York, I mixed veggies with flowers, fruit trees, raspberries, strawberries and herbs. The apple doesn't fall far from the tree.

If you want to read more about my family and gardening you can visit the past issue of our newsletter dated Nov & Dec , 2003 and check out my article titled Retirement Home Gardening.



Diane's Great Grandmother Effie and family.



A happy gardener in her garden with mile-high corn.

Members Articles



Miles's Magical Garden By Barb Foster

At age 7 or 8 my interest in gardening was piqued by Miles, my grandparents' gardener at their place in Bath, England, my hometown.

Miles (help were called by their last name in those far-off days) was in charge of their steeply terraced garden. I remember being fascinated by watching toads hopping out of the dry retaining wall.

The garden had many root vegetables, sprouts, cauliflower, and an orchard of apple trees, as well as raspberry, red currant and gooseberry bushes and a cornucopia of flowers.

Whenever I went to visit, which was at least once a week, the topic of conversation during family meals centred around the garden: what Miles had sowed or pulled up. It always came back to the weather –too wet, too dry—and birds eating the fruit.

Miles was a taciturn man with a ruddy complexion and a thick head of grey hair. I liked to go out and talk with him. Most often he could be found smoking his pipe by a huge bonfire.

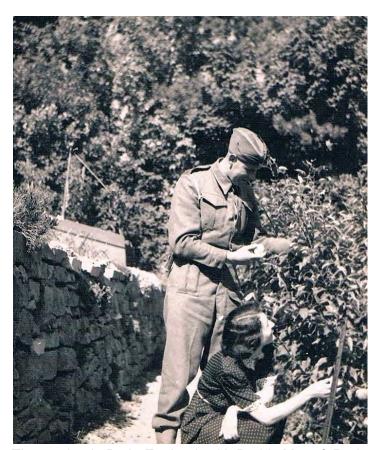
The spring of my 7th or 8th birthday I asked him if I could have a garden of my very own. After some discussion we decided the best place for my little garden was inside an old cold frame which he no longer used. To me this was the perfect place –the best location imaginable—as it was beside an apple tree I loved to climb.

With my pocket money I purchased packages of seeds, mostly marigolds, radishes and lettuce. The only seeds that came to fruition were the radishes; the others I had dug up in my haste to see whether they were germinating.

I was very upset with my meagre harvest. Miles took time to explain at some length that the harvest would be much better if the plants were left alone to grow –that way the harvest would be much better. I had a few more years of sowing seeds, mostly lettuce and radishes.

In time I had decided that I liked planting bulbs best. My favourite were King Alfred daffodils. I was delighted to see them bloom in the spring. Pocket money well spent I thought. Hyacinths were another favourite as they grew in long clean glass containers filled with water. In two or three months I would have this beautiful, fragrant flower.

In those halcyon days of my childhood, Miles sowed the seed of my passionate interest in gardening, which has flourished since joining the East York Garden Club over two decades ago.



The garden in Bath, England, with Barb's Mom & Dad

Page 6 The East York Garden September/October



Inspired By the Past By Wendy Plume

When did my interest in gardening begin? I might say that it began very soon after I was born, and that it was instilled by my mother. As I was growing up she always had a garden, and from when we were very young my sister and I were involved somehow. When we were babies we were held so that we could smell the flowers. And as we grew, we would help to water plants, plant seeds, pull weeds, and cut flowers for a "posy" or chives or parsley to add to dinner. When we were old enough a few garden tasks became our responsibility. Some we weren't too enamoured of, like sweeping the walk after Dad had mowed the lawn. But the worst was having to pick gooseberries and then sitting with a nail clippers and clipping the stem and blossom ends off every single one, without piercing the berries. And I never liked the taste of gooseberries!

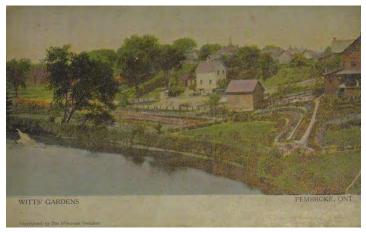
But in a way I could say that my inspiration for gardening goes back farther than that.
Generations before I was born, even.

You see, my mother's parents grew both flower and vegetable gardens. And my mother's maternal grandparents grew lovely gardens of flowers as well as vegetables and fruit to feed their family. For a while, during the depression and wartime they also had a cow and her calf, which they kept to provide them with milk, butter and cheese. The cow was named Daisy, and the calf was Buttercup -good garden-related names!

Going back one generation further, in the early to mid 1800's my great-great grandfather was not only a gardener, but his gardens were renowned in the area. He had a large property, on which he market gardened, growing produce for local sale. He also grew extensive flower gardens which he used to make funeral arrangements, and for the

general sale of flowers and bouquets.

The house was on the top of a hill and terraced gardens flowed down to a river at the lower edge of his land. Those were the days when Sundays were a day of rest and, after attending church in the morning, the afternoon was for leisure activities. It was then popular to row a boat along the river past the scenic Witt gardens to admire them. There was even a post card produced in the 1830's with a picture of the property as seen from the water



Wendy's Great-Great grandfather's house and gardens.

I wish I could have seen his gardens in their time. I'm both glad and impressed that at least there is the post card to capture an interpretation of what it might have looked like. Although I can never aspire to having a garden as spectacular as my great-great grandfather's must have been, his garden inspires me to keep up the family tradition. I'm very proud to say that gardening is truly in my blood!

We had a lot of responses, so it seems we have all had gardening mentors and inspirations that have meant a lot to us. If you didn't get a chance to write about this question, or any of the questions from past issues, or any topics of your own choosing, please send your responses in to the newsletter anytime. You don't have to write a long article, as we are starting a new feature called "Member's Soundbites", where you can send your comments to us even if it's only one sentence long. We'd like to hear from you. Send to:

Michael Woods, Editor at woods-eygc@bell.net.



Enticing the Elusive Monarch

By Sonia Van Heerden

This was the year I wanted to see monarch butterflies in my back garden. The rain has helped my flowers bloom well, and July long weekend I had roses, clematis, daisies, pink mallow and phlox, coreopsis, day lilies, blue campanula showing.

To prepare for the Canadian Wildlife Federation's certificate of Certified Wildlife Friendly Habitat, I had purchased at St. William's Nursery & Ecology Centre at the Toronto Botanical Garden sale in May some native perennials, wild geranium, nodding onion, bee balm, liatris, butterfly weed, penstemon, false Solomon seal, but of course none of these were blooming yet.

There were bees and flies galore on the sedum and my ever bearing raspberry bushes, and a few sparrows together with purple finches and a pair of cardinals were at my bird feeder and pond, but no monarchs. The white cabbage moths had been by every day though I did not know what interested them because I had no cabbage family plants. My excuse for not cutting back the rose of Sharon, burning bush, spirea and forsythia bushes was that we thought the pair of cardinals was nesting in the thick branches.







At last a single monarch appeared, but instead of landing on the red, pink, yellow, orange or blue of the flowers, he found a milkweed plant which had sprung up this year, but was not blooming as yet. I planted some milkweed 2 years ago, but had

nothing last summer so was surprised to see them come up this year. Perhaps the monarch was checking out the eating source for his offspring or perhaps he/she had already deposited some eggs on these plants with the anticipated flowers to be sufficient for the caterpillars to feast on before forming a pupa and transitioning into the next generation of butterflies to fly down to Mexico.

I had had butterfly weed growing in my garden in Florida years ago and would have about 2 generations of monarchs a winter. In most good years the butterfly weed, which is different from the northern plant, would be completely decimated by the caterpillars before they went into the pupa stage, and the next generation had trouble finding something to eat. We used to look for the bright green pupa hanging from our trellis. One butterfly after it emerged from its cocoon sat in my sandal for hours with its wings spread out to dry and gaining strength before flying away.





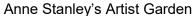
There has been a second sighting of a Monarch and I have looked at the bottom of the milkweed leaves for eggs. I hope to see the caterpillar, pupa and next generation of the monarch before the season is over.



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Pop-Ups in July and August 2017







Mary Jean Joys Voluptuous Hydrangeas





Anna Leggatt's
before & after Pruning
Pop-Ups will be
featured in the next
issue of the newsletter.
Pruning can be
challenging for a lot of
us, so we wanted to
put a special focus on
this specific event.

MW - Editor

Golden Tomatoes and Raised Beds at "The Rez" Courtesy of Marion Stephens





Janet Zablocki's Flagstone Path and Colourful Blossoms

Pop-Ups in July and August 2017





Suzanne Isaac's Aesclepias & Hidden Sanctuary





Austra Gulens Beautiful Garden





It was Lily-time in Michael & Alan's Garden





Mary Lou Burt's Daylily Extravaganza





Insects love Roz Regnier's Garden

Newsletter Title September/October Page 10

Rockery Update







What's blooming in the Rockery? There's always something new, so check it out and see for yourself!

EYGC Seed Exchange Thursday, October 19th, 2017

Our annual seed exchange will take place at the October meeting. You don't have to bring seeds to take seeds, but if you are contributing seeds please try to provide as much information as possible:

Plant name, annual/perennial, colour, height/spread, sun/shade, bloom time, etc. All this information is very helpful to the lucky recipients of your seeds, and should appear on the envelopes that you prepare. Please note that all seeds are to be in envelopes or packages. No loose seeds, and no "Bulk Barn" style seeds in a bucket...
All seeds are welcome!

In past years, we have had a large number of contributions which made for a very successful Seed Exchange. So, please remember to check your gardens this Fall and bring some seeds to the *October* meeting!

l'll take any leftovers...











The OHA Convention Wrap Up & Award Summary

by Barb Fairbanks



Our District 5 hosted the 111th Ontario Horticultural Association (OHA) convention on July 21-23 this year. It took truckloads of volunteer hours to put this event on and, being on the planning committee, I am so glad it is over! I worked with the best planning team anyone could ask for: our District Director, Cindy Scythes was a fantastic leader—forward thinking, tough but thoughtful. Our Treasurer, Ellen Power, kept us aware of costs and the budget all the way along with the best sense of humour a pencil-pusher could have. Our secretary and bus trip coordinator, Gloria Brooks, was so efficient that we practically had the minutes from the meeting before we got home—no wonder—as she is a retired school principal! Our speaker and volunteer coordinator, Nancy Serrick, made all the right picks with aplomb—the delegates were wowed by them and by Nancy and her egg salad sandwiches are the best.

It was a weekend filled with 15 seminars, 3 plenary speakers and presentations, 2 workshops, beautiful 5' tall floral designs by the Aurora design team in the public alcoves, delicious dinners, 5 different bus trips, and competitions galore (over 400 entries in the flower show alone!), lovely centerpieces, great vendors, an impressive and profitable silent auction, lots of fun and laughter. Gardeners are a really such a wonderful bunch of people.

East York came away with the 1st prize for our

bee condo (a District 5 "friendly" competition) with thanks to Dawn McEachern and her grandson Jack Papazoglou. We also had numerous awards in the competitions (see the article & photos on the following pages. Special thanks to Cristina Brown and Daisy Auer for entering all our horticultural entries on EYGC's behalf—it took them 3 hours to write entry tags, choose and groom the specimens and place them in their classes. Thank you.

EYGC sponsored two of our own memberspeakers. Anna Leggatt and Malcolm Geast presented a seminar each and Malcolm was also the official OHA photographer.

We had Anna Leggatt, Rosalind Regnier and Sonia VanHeerden represent EYGC as our voting delegates for the OHA business meetings. They did a great job and had to raise their voting cards quite a few times.

If you have never attended an OHA convention, you should consider it—next year, July 27 to 29th, it is in Kingston and it will rock "Shore to Shield"!



EYGC's First Place Winner in the "Bee Condo"

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East York & Our Members won OHA Awards

At the recent Ontario Horticultural Association (OHA) convention, East York Garden Club came away a winner along with some of our members!

(all cut specimens, fruit or vegetables): Flower Show:

Wilfred Haufe - a 1st place

Michael Woods - a 2nd place

Cristina Brown - 2 x 1st place, 2 x 3rd place, 3 x Honourable Mention (HM)

Daisy Auer - 3 x 1st place, 7 x 2nd place, 3 x 3rd place, 2 x HM

Vera Stoyanoff - 5 x 1st place, 5 x 2nd place, 5 x 3rd place, 6 x HM

Art Awards:

Joe Amodeo – a 1st place for his carved wildlife piece **Gail Gregory** – a 1st place for her painting of her favourite garden and a 2nd

place for her watercolour 'Reflections on a Lake"

Laurel Angeloff – a 1st place and "Best in Show" for her pencil drawing of a

native wildflower

Diane Ronan – a 2nd place for her corn husk doll, a 1st place for her woven basket, 1st place and "Judge's Choice" for her watercolour "Reflections on a

Lake"

Linda Boyko – a HM for her free verse poem and a 1st place for her "Create a Creative Writing:

Song to a Familiar Tune"—see her work and sing along in the newsletter!

Wendy Plume – a 2nd place and a 3rd place Photography:

Daisy Auer – a 1st place Suzanne Isaacs – a 2nd place

Michael Woods – a 1st place and "Judge's Choice" for his "At Home" photo

Our yearbook cover placed 2nd, the yearbook placed 2nd, and our newsletters Publications:

placed 3rd. Thank you to Vicky Anki, Malcolm Geast, Jenn McDougall and

Michael Woods for your work

All of these entries together, gave us a \$100 cash award to the Society with the highest aggregate total entries! That will be tough to repeat as we won't have another convention this close to us for a long time, but we can still try...

Congratulations to all the competitors and well done. Everyone who entered something came away with at least one ribbon and a cheque!







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Some of EYGC's OHA Award Winners







Diane Ronan Joe Amodeo Laurel Angeloff



Gail Gregory



Linda Boyko



Michael Woods

Here are Linda Boyko's Award winning lyrics, from the OHA Competition.

Original Tune Name: Battle Hymn of the Republic (Below)

My tune Name: Wonders of Ontario

My Lyrics: (Chorus to be inserted between verses)

My garden's see the snowdrops emerging from the snow From Windsor to Cochrane all has started to grow The lawns are greening up and the flowers begin to show Our gardens are growing on

Chorus

Wonderful, wonderful, wonderful sunshine Wonderful, wonderful, wonderful sunshine Wonderful, wonderful, wonderful sunshine Plus a little rain

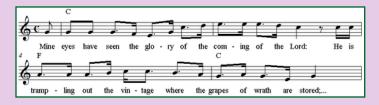
In summer we have tomatoes, big and juicy and red Runner beans and string beans and pole beans overhead The veggies they continue to produce all summer long Our bounty grows on

In fall the leaves turn colour but most conifers stay green The pumpkins are huge and the apples redder seem The fall fairs are beginning, our crops to display Oh what a glorious day!

In winter things are quiet but seed heads still remain For birds and deer and moose nature's bounty is retained Pines and spruce and yews still shelter they provide A place for birds to hide

Our forests they provide a home for many different things For fungi and amphibians and creatures with wings Never take for granted our vast number of trees Or our native bees.

In Ontario we are gifted with good farm land Where Crops and flower gardens continue to abound From north & south & east & west we are so very blessed Help preserve it all.









Echinacea at the Toronto Botanical



Canada Day Parade: East York Garden Club Biggest Turnout for our Country's 150th Anniversary!

It was a glorious event which was blessed with sunshine and beautiful weather all day. We had another record turnout of 30 marchers this year, including many who "popped up" en route. This added to the excitement, as did seeing fellow members, family and friends greeting our gang from the crowds of spectators.

We were proudly led by our beautiful East York Garden Club banner. In a word, it was "thrilling".

Meanwhile, over at Stan Wadlow Park our numerous volunteers were busy selling plants that were donated by our generous members. Generous isn't the word! There were so many plants that we filled the tables and spilled out onto the grassy area in front of our display.

A big thanks goes out to all our team who made the day very successful.

It gets better and better every year.

Cheers to all. We look forward to Canada Day next year!















<u>September Flower Show Reminder</u>

On Thursday September 21st we will have our final flower show for 2017. We have had great success with all our shows so far with new members competing and outstanding displays, and our September show can be really beautiful.

The design theme this year is "Film Festival" with a variety of design classes from "Close-up" a fresh miniature design and "Hollywood" a design incorporating wood.

If you have not competed before, or if you are a seasoned competitor, check out the yellow section of your yearbook (or our website www.eygc.ca) to see what you can possibly enter. We have great volunteers who can help you once you bring your entries to the clubhouse between 6:30pm and 7:20pm.







Tarved Pumpkin Competition at the October Meeting

For the 5th year, we are running the Carved Pumpkin Contest again, and, with so many new members we hope to have an exciting competition!

Use your creativity to carve a masterpiece and bring your pumpkin work of art to the October 19th meeting. Our members will vote with pennies for their favourite and ribbons will be awarded.

Only one pumpkin entry per member. Accessories allowed. Pumpkin must have a name or title. Entry tags available at the meeting. Pumpkins to be in place by 7:15pm. Voting starts at 7:15 and closes at 7:45pm.

Please put a reminder on your fridge or in your technology of choice, choose your pumpkin - large or small it is up to you, get out your carving knife and test your skills!



A Super Annual Flower Show & Tea

faturday August 19th was a lovely day for EYGC's Annual Flower. Thow and Tea.

The flower show wowed the judges by not only the number of entries, but also the quality and the good eye of our competitors in the grooming of their entries and their containers. We had a total of 311 entries in 83 different classes from horticultural specimens, potted plants, hanging plants, dish gardens, herbs, fruit and vegetables and designs. We had 27 members competing, including 5 first-timers! How is that for some great numbers?

The Awards:

A) Best in Show & Best Design: Jean Quinn for "Road Trip"

B) Judge's Choice: Betty Meyers

C) Best Cut Specimen: Anna Leggatt

D) Best Rose: Vera Stoyanoff

E) Best Hanging Planter: Vera Stoyanoff
F) Best Collection of Flowers: Daisy Auer
G) Best Potted Plant: Vera Stoyanoff
H) Best Vegetable: Michael Woods

Thank you to our competitors, our volunteers and our judges (and to Barb Foster for providing the best judge's lunch ever!). The show would be nothing without you.

The day overall was spectacular. We had the tea room with some outdoor space this year. This proved very useful as the tea room was packed with happy, sugared guests. Our members came through with flying colours in the baking and sandwich making department—what an assortment of delicious items. Tea was being made by the super-potful and we had a hard time keeping up, but Joyce continued to pour as she could. Roz's raffle drew a great number of ticket sales with three lucky winners. The photo contest was colourful and votes for favourites were cast by many. Our winning District 5 Bee Condo from the OHA convention was on display for all to view. Our 50 in 150 team had a table of displays and lots of advice to encourage members to hurry up and get their gardens certified as 'wildlife friendly'. Our speaker, Sarah Allinson-Chorabik from Toronto Bee Rescue not only gave us an insightful presentation of how they help rescue honey bee hives, but also brought some lovely honey products for guests to purchase. We ended the day with Cristina's stunningly beautiful bouquets for auction and packages of sweets from the tea for sale.

Thank you to each and every one of you who brought in delicacies for the tea, sold tickets, provided crowd control, poured, plated, served, wiped & washed, packed, wrapped, photographed, set up & cleaned up, displayed, purchased tickets and participated in any way. Thank you to all our guests for coming to our Annual Flower Show and Tea and supporting EYGC once again.

A Juper Annual Flower Show & Tea - Top Awards



A Juper Annual Flower Show & Tea - Prize Winners



























The EYGC July Potluck 2017

On July 27th, we were under the threat of rain, thunder and lightning on the days leading up to the event and had to arrange a rain date just in case, but by noon we were in the clear. Whew! Thanks to *Dianne and Sandy Cavanaugh* we had a backyard big enough to hold our growing July Potluck dinner! With 54 members bringing their chairs and a delicious offering for the potluck, it was hard to see our host's lovely garden.

We had a few lucky draws with thanks to Anna Leggatt, Dianne Cavanaugh and Canadian Tire on the Danforth, and Maggie Cavanaugh.





The July 2017 Potluck at the Cavanaughs', with too many people for one photo...

May and June 2017 EYGC Newsletter Photo Credits:

Various Photos: Daisy Auer, Jusan Bartlett, Jandy Cavanaugh, Barbara Fairbanks, Barb Foster, Malcolm Geast, Austra Gulens, Juzanna Issacs, Anna Leggatt, Rick Plume, Wendy Plume, Diane Ronan, Anne Stanley, Jonia Van Heerden, & Michael Woods

A Note About Pop-Up Photos:

First of all, a big Thank You to all those individuals who have responded to my last minute requests for photos when I realized as we were going to press that I was missing some gardens! Your quick responses have been much appreciated.

On that note, in future, people hosting pop-ups are encouraged to send in photos of their gardens to the newsletter for use in the Pop-Up Photo pages. Because of limited space we can only show two photos per garden, but if you want to make sure a particular feature or plant is seen by others, who better to take some pictures than the garden owner.

Also, any other photographers who have been attending some of the pop-ups, a quick email to me telling me which pop-ups you have been to, would be terrific information for me to have. Your name will appear under "Photo Credits" for any photos that we use in the Newsletter.

Thank You.

Michael Woods, EYGC Newsletter Editor - woods-eygc@bell.net

THANKS TO OUR GENEROUS BUSINESSES

New member, *Dan Heath*, has been busy helping Roz gather prizes for our club to give throughout the year up to and including our big AGM in November. These gifts enhance an already great program for you, our 230+ members. At this time, we would like to acknowledge their support of our club and encourage you to visit their stores:

Canadian Tire on Danforth
Costco at Warden & Ellesmere
Freshco at Victoria Park and Gerrard
Loblaws at Victoria Park & Gerrard
Lowes on Danforth
Metro at Victoria Park & Danforth
Shoppers Drug Mart on Danforth at Coxwell

And from Nelson Education Ltd on Birchmount you can visit their website: www.nelson.com

Thanks Dan!















Welcome to our New Treasurer

On August 17th the EYGC Executive Board approved the position of a new Treasurer.

Rosemary Vandierendonck will be introduced at our September meeting, so please join the Board in welcoming Rosemary to the team.

At this time, the Board would like to thank *Giuliana Giacomini* for her time as Treasurer. We really appreciated her stepping up to help the Club continue to roll along during a time of transition.

Wanted for EYGC:

Two (2) members to join the Executive Board of an exciting, creative, friendly, growing garden club.

To keep the Club as active as it is, with the momentum that we have, takes some work and a wonderful organizing team, AKA "The Board". You may have some skills that we can use and you would like to expand upon. You may be newly retired, or retired for a while or someone with a full-time job who wants to do more. We have a variety of committees and events that can use your leadership and/or enthusiastic and effective participation.

Contact Barb Fairbanks as soon as possible to chat about what we can offer you, and what you can offer us.

barb.fairbanks-eygc@bell.net or 416-755-0278.



Attention:

A change for our Annual General Meeting on Thursday November 16th

This year, due to **EYGC** being so successful in having so many new members over the past 18 months, **we will be asking our members to RSVP** your desire to attend the AGM/Awards night. Seating is limited at Stan Wadlow Clubhouse. We will be announcing the first day to RSVP soon.

Thank you.

The AGM Coordinators





Certify Your Garden: 50 in 150 Update

Please let us know when you have received your certification and we will let everyone know in the upcoming newsletters. We will be tracking names, but also the numbers so we know how we are doing in our goal of 50 certifications.

The following gardens have received certification so far: (We're 1/2 way there!)

- 1. Alan Barber & Michael Woods
- 2. Austra Gulens
- 3. Rob Norquay
- 4. Margaret McRae
- 5. Diane & Peter Ronan
- 6. Nola McConnan
- 7. Gail Gregory
- 8. Anita Millar
- 9. Kathy Paidock
- 10.Mike & Susan Dolbey
- 11.Laurel Angeloff
- 12. Giuliana Giacomini
- 13. Jennifer Smith
- 14. Veronica Callinan
- 15.Mary Lou Burt
- 16.Rosalind Regnier

- 17. Suzanne Isaacs
- 18. Stacey Shannon & Sue Wells
- 19. Sonia Van Heerden
- 20.Karen Bell
- 21.Heather Landon
- 22.Lesley Grimshaw
- 23.Barb Fairbanks & Gord Piercy
- 24. Wini Stoddart
- 25.Anne Stanley

Good luck to everyone in being successful getting your gardens certified! Please refer to the helpful hints published in the March/April newsletter.

Send us a selfie of you & your certificate & we'll publish it in the next newsletter!

Make sure you come to the next meeting and see how the EYGC tulip bouquet has grown. See who has received their certification, and get your own Red Tulip when your garden is certified.





Taraxacum officinale Dandelion – is it a weed?

Dandelions would be a treasured plant if they were rare and difficult to grow. They are edible and the cheery flowers keep on coming. The plants seem indestructible. However, when British colonists in India grew them to remind them of home they died in the heat.

Dandelions are native to the Northern
Hemisphere, with possibly 16 species and
numerous subspecies. For example, there is a
white-flowering form from Japan (Taraxacum
albidum) and five small species grow in the
Canadian arctic. dandelions grow almost
anywhere but are best in rich moist soil in full
sun. Grow in light shade for more tender leaves.

Dandelions provide benefits to wildlife: seeds for birds, food for some butterfly caterpillars and pollen for many insects. However, the pollen is usually infertile and the seeds are produced asexually in the hundreds, with plants genetically identical to the parent. seeds may live as long as nine years in the soil, so it's no wonder these plants spread!

The leaves of dandelions are edible, especially when young. To make wilted dandelion salad, fry bacon and garlic, add vinegar, salt and pepper

and, while still warm, pour over shredded leaves. Older leaves can be cooked: they are rich in calcium, potassium, iron and manganese, antioxidants, and vitamins a, C and K. You can buy dandelion greens in many supermarkets and buy plants developed for leaf production in local Italian groceries. They are also a diuretic: *Pissenlit*, roughly translated as bedwetting, is one of the French names for the dandelion.

The flowers make fantastic sauterne-like wine or dip them in batter for fritters.

Roots make a caffeine-free coffee substitute like chicory or can be used as a root vegetable. They contain inulin and levulin, which may help balance blood sugar. The English drink, dandelion and burdock, tastes like root beer.

The latex from some cultivars can be used for rubber, but be careful: the latex stains and may cause contact dermatitis on sensitive skins.

Children tell the "time" with dandelion clock seed heads and make trumpets with the hollow stems.

So, are dandelions weeds?



Anna Leggatt is a retired Master Gardener.

EYGC member Anna Leggatt wrote this article for "**Trellis**", the magazine of the **Toronto Botanical Garden**. We thank them for allowing us to reprint it here.

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Anna Leggatt Received 2017 GWA Media Awards Silver Medal of Achievement

August 7, 2017 – Anna Leggatt received the 2017 Media Awards Silver Medal of Achievement for an

article in a Newsletter, Bulletin or Brochure presented by GWA: The Association for Garden Communicators.

This national award recognizes individuals and companies who achieve the highest levels of talent and professionalism in garden communications. The 2017 competition had more than 200 entries in 61 categories. Recipients of the Silver Medal represent the top winners each competition category and will now compete for best of group in the areas of writing, photography, digital media, broadcast media, publishing and trade.

Anna Leggatt received the Silver Medal of Achievement for her article entitled Anna's Plant Pick Taraxacum officinale Dandelion - is it a weed? published In the Summer 2016 issue of Trellis, the magazine of the Toronto Botanical Garden.

Annual Flower Show Photography Contest:

and the winners are...

A sincere Thank You to the 7 people who entered the **People's Choice** photo contest at this year's annual show and tea. The entries proved once again that the East York Garden Club has many talented members. 62 people voted to decide the outcome. Drum roll please....

The winners were:

Category 1 - O Canada

1st place – Anna Leggatt

2nd place – Suzanne Isaacs

3rd place – Michael Woods

Category 2 – Gorgeous Blossoms

1st place – Anna Leggatt

2nd place – tied – Wendy Plume and Daisy Auer

No 3rd place awarded due to 2 seconds

Category 3 – Just Maples

1st Place – Anne Stanley

2nd place– Anna Leggatt

3rd place - Wendy Plume

Linda Boyko & Anita Miller - Photography Co-Coordinators

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O Canada







FIRST SECOND THIRD

Gorgeous Blossoms







FIRST SECOND—TIE (Wendy) SECOND—TIE (Daisy)

Just Maples







FIRST SECOND THIRD

Upcoming Photography Contests

Just a reminder that we have 2 upcoming photography contests on the horizon... What an opportunity to share the beauty of your garden or an interesting picture with fellow club members. For those who have been too busy working in the garden there is still time to get out and take some photos. With so many people owning smartphones it's even easier to capture that special photo. Who knows what waits around the next corner – it may be the winning image. Entries will be accepted at the October meeting. Results and prizes will be announced at the November AGM.

Complete rules may be found in the yearbook or on the club's website www.eygc.ca Categories for the October contest are:

Horticultural

- 1. Inside a Flower (a seriously close, close-up nothing extraneous showing)
- 2. Call me Herb
- 3. The Other Side of the Fence
- 4. Spring Fever (a spring garden)
- 5. Look What I Grew in My Garden
- 6. Seeds
- 7. Window Boxes

General

- 8. Wild in the City
- 9. There is Something in the Air (interpretive)
- 10. Black & White (Any subject, using only black, white, and shades of grey)
- 11. Ponds
- 12. Railway Tracks

Children and Youth

- 13. Anything Goes (any subject, does not have to be horticultural)
 - Children's division (10 years or under)
 - Youth division

November also features the People's Choice contest for the 2018 yearbook cover. Subject should be horticultural in nature and in portrait format. Maybe YOUR photo will be the winner. Remember the old adage "Nothing ventured nothing gained"









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See us at the East York Farmer's Market...



We had a great first year at the EY Farmer's Market in 2016. We gained some great new members and promoted **EYGC**. We are continuing to have a table once a month this year too.

We have been there to promote the Club, our membership, the 50 in 150 Certification project, our Rockery community project and any other interesting initiatives we have started.

We hope to be at the market on the following Tuesdays: **September 12**th **and October 17**th. If you would be interested in working with another member for just an hour or so at the table, please let **Barb Fairbanks** know!

It is a nice way to get to know one or two new members in a nice setting. You won't believe how many members go to the market & come by and say hi.

Dividing Perennials? Need New Homes for Them? Bring them to the Fall Plant Sale.

Here are some of the details:

- Sunday Oct 1st with the sale from 12pm-3pm, rain or shine
- At Michael & Alan's driveway:
 72 Binswood Avenue
- Everything priced at \$3 regardless of what it is
- Members can drop off their plants on Sat Sept 30th 4pm-6pm and on Sunday 10am-12pm
- Divisions of plants only (no trees, bushes or invasives)



Articles and Photos Required for the Newsletter

Our membership is full of people who have a lot of knowledge, information, experience and talent, and we would like to hear from you. This is your newsletter, so why not write something and send it in for publication? To spur you on, we will have a different question in each issue of the newsletter that will hopefully nudge some of you to do some writing. So this issues question is:

"What is your favourite gardening blog?"

This question comes to us courtesy of Diane Ronan. Thanks Diane.

If you have a few photos to accompany your article, send those along too, preferably as JPEGS. Don't worry if your response is only a sentence or two long. You don't have to write a long reply. We will include your response in our new "Members Soundbites" section.

Please send your articles and soundbites to:

Michael Woods, Editor, EYGC Newsletter woods-eygc@bell.net

If you have any ideas for questions that you would like to see posed to the membership, please send those along too.

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Here is a very brief summary of some events that you may be interested in...

02-Sep-17 to 14-Oct17	Whistling Gardens Fall Plant Sale	http://www.whistlinggardens.ca/
06-Sep-17	Etobicoke Horticultural Society - "Vertical Gardening"	http://www.gardenontario.org/site.php/etobicoke
09-Sep-17	Agincourt Flower & Vegetable Show	http://www.gardenontario.org/site.php/agincourt
09-Sep-17	Master Gardeners of Niagara Plant Sale	Vineland Research and Innovation Centre, 4890 Victoria Ave. N., Vineland, Ontario, 9:00 - 12:00
10-Sep-17	Ontario Hosta Society - Speaker: Jonathan Hogarth	ontariohostasociety.com, or call (866) 742-7155.
9/13/2017 to 9/16/2017	Communities in Bloom National Symposium in Ottawa	http://www.communitiesinbloom.ca/symposium-awards/2017-2/
16-Sep-17	Scarborough Horticultural Society Flower Show	http://www.gardenontario.org/
18-Sep-17	Stouffville Horticultural Society - "The Art of Dry Stone Walling"	http://www.gardenontario.org/site.php/stouffville
23-Sep-17 to 24-Sep-17	Orchid Show & Sale in Cambridge	http://www.coos.ca/
25-Sep-17	Markham Horticultural Society - "Small Space Gardening", by Paul Zammit	(905) 294-4919, visitors \$5/meeting
01-Oct-17	Ontario Regional Lily Society Bulb Sale at the RBG	http://www.orls.ca/
11-Oct-17	Credit Valley Horticultural Society - "The Recycled Garden-Using Garage Sale Items" by Frank Kershaw	<u>creditvalleyhort.ca,</u> non-members \$2.00
20-Oct-17	Brampton Garden Club - "Growing Orchids"	https://www.tuko.co.ke/
23-Oct-17	Nobleton & King City Garden Club - "Birding in the Winter Garden" by Mark Peck	http://www.gardenontario.org/site.php/nobletonking
On-Going	Certify Your Garden Through The Canadian Wildlife Federation	http://cwf-fcf.org/en/explore-our-work/connecting-with- nature/in-the-garden/get-certified/?src=ws

This list is to alert you to some of what's going on horticulturally in Toronto and the surrounding areas. Comprehensive information about each event is **not** listed here. We don't have the space for that. If you see something that interests you, then explore it further on your own. If you decide to go to one of these events, please let us know about your experience. **Thanks!**

For a detailed on-line listing, go to gardenmaking.com, and select "Garden Events—Ontario"







Website: www.eygc.ca MEMBERSHIP FORM Year: 2018

Name
Address
Postal Code Phone #
Email
Note: Your privacy is respected. We will only use your email address to send you EYGC information. We do not distribute your email address to anyone else.
□ New □ Renewal Payment □ Cash □ Cheque
☐ Single Membership (\$20) ☐ Family Membership (\$30)
Receive newsletter and club events via email
If new membership: how did you hear about us, e.g. the Mirror, a neighbour, our brochure?
Age Group: Under 18 18-60 Over 60 Note: it is strictly voluntary if you choose to check one of these boxes. The rental rate at Stan Wadlow Clubhouse is a lower rate for organizations with a high number of seniors (over 60) and youth (under 18) therefore it is helpful, but not necessary, for us to have this information.
Membership fees are due by January of each year. Fees can be paid in person at a regular meeting of the Club or by mailing this form and a cheque (payable to "East York Garden Club") to: East York Garden Club, c/o Cristina Brown, 7 Knightsbridge Road, Scarborough, ON M1L 2A8
Personal Information & Privacy Act Disclaimer The information provided on this form is for the exclusive and confidential use of EYGC. Personal information of members, such as your name, address and telephone number is published in the EYGC Yearbook to identify a contact person for a specific event. This will be maintained in accordance with Canada's Personal Information and Electronics Document Act.
Do you want your name in the yearbook's members list? Yes No
The East York Garden Club is a member of the Ontario Horticultural Association, District 5

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Welcome to the New East York Garden Club Members!

The following people have become members of the East York Garden Club since July 1st, 2017. Please join us in welcoming them to the garden club.

Iris Chan

Eric Lee

Kate Morris Le Ann Sicard



If you would like to make a submission to be included in the next issue of "The East York Garden" newsletter, the next deadline is:

October 22nd, 2017.

Please email your comments regarding our newsletter, or your submissions for the next issue, to Michael Woods at:

woods-eygc@bell.net

We're on the Web! Find out more information and get back issues of this newsletter at our website:

www.eygc.ca



"The East York Garden" is the Newsletter of the East York Garden Club