



'The East York Garden' is the Newsletter of the East York Garden Club

The East York Garden

Issue Date: 2019
September October



Next Meetings:

Photo: Fall Asters Credit: Michael Woods

Thursday Sept. 19th, 2019, 7:30PM

Topic: "The Trees of East York & How Gardeners Can Care for Them"

Speaker: Stephen Smith

The trees we see around us in this part of the city will be identified and discussed. Stephen will show how to care for them and discuss the tree bylaws. He will also explain where to get help when you need it.

Steve is a certified arborist and owner of *Urban Forest Associates Inc.*, in East York. He works to manage individual trees, forests & natural gardens, and protect trees in construction projects. He organizes volunteer planting days in parks with many groups in the city each year, and has been a member of the Task Force to Bring Back the Don. He is the author of the Ontario invasive plant list.

We do not require any goodies for the refreshment table this month. We have a supply in the freezer of the delicious goodies leftover from the August Tea. Thank You!

The September Flower Show is here! Good luck to all those entering flowers, vegetable, and floral designs!

Thursday October 17th, 2019, 7:30PM

Topic: "Creating a Pollinator Paradise"

Speakers: Crystal Bradford & Liam Kijewski

Learn to plant gardens that are beautiful, & help threatened species of bees, butterflies, bats & more. Learn which native plants are best for providing pollen, nectar, larval food, and habitat. Techniques that encourage pollinators in urban and rural environments will be discussed.

Crystal & Liam own *Wildlife Gardening*, a full-service landscaping company & native plant nursery. They focus on using native plants & their projects are very pollinator friendly, often including xeriscaping, hügelkultur, edibles, & rain gardens in their designs. They will have a selection of native plants for sale.

Members with Surnames beginning with "S" through "Z" are asked to bring some cookies or squares for the refreshment table. Thank You!

Don't forget about the Seed Exchange at October's meeting, as well as receiving entries for the Annual Fall Photo Contest. The results and awards for the Annual Fall Photo Contest will be revealed at the November Meeting. Good luck to everyone!



The **East York Garden Club** is
a member of:
The Ontario Horticultural
Association, District 5.

Meetings are held on the third
Thursday of each month (except
July, August and December) in
the Stan Wadlow Clubhouse, 373
Cedarvale Avenue, at 7:30 pm.

Refreshments are available at
7:00 pm. The Clubhouse is
wheelchair accessible. Visitors are
always welcome.

Yearly membership fees are
\$20.00 for a single, \$30.00 for a
family. To inquire about
membership, please contact:

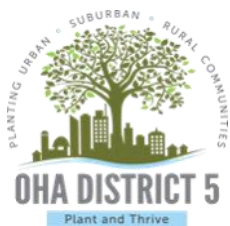
Cristina Brown at:
416-755-9077

Visit us on the web:
www.eygc.ca

President:
Barbara Fairbanks

Vice President:
Rosalind Regnier

Newsletter Editor/Art Director:
Michael Woods



Graves in My Garden

One day, in early spring,
I placed a special order
For very special seeds
For a very special border;
Then wrote a label, with great care,
To tell me what the flowers were.

A month or two went by;
I saw, with consternation
That not a single seed
Had arrived at germination.
And so the label I had penned
Became a tombstone, in the end.

Reginald Arkell, 1934

Cover Photo

Have you got a photo that says to you:
"This is November December in East York"

Send it in to the newsletter for a chance to be on the
cover of the November-December Newsletter!
(Landscape format is best)
woods-eygc@bell.net

September-October 2019 EYGC Newsletter

Photo Credits Various Photos:

Alan Barber, Mary Lou Burt, Dianne Cavanaugh, Paula
Davies, Barbara Fairbanks, Barbara Foster, Malcolm
Geast, Gail Gregory, Anita Millar, Wendy Plume, Roz
Regnier, Nina Sparks, Anne Stanley, Sonia Van Heerden,
Michael Woods, Janet Zablocki

Message from EYGC's President



Prez Patch

by Barbara Fairbanks

I have been to most of our Club's many (20 so far!) Pop-Up gardens this year and it has made me appreciate having lots of different plants and bushes and trees in front and back gardens. The colours on display were inspirational as were some of the quirky/handy items in the gardens. Having a variety takes a bit more work and that is okay as I see dozens and dozens of butterflies and bees visiting the spreading echinacea in my front yard and the scrambles of young robins arguing over the berries from the old dogwood in the wild part of the backyard. I am now glad that in the new wall garden a serviceberry, some hyssop, clethra and echinacea were planted as they are all full of activity too.

Helping with the workload of our garden is, our grandson, Hugh. He has been a big help moving BIG rocks, deadheading daylilies, planting hostas and growing a hot pepper plant he got from one of Rob Norquay's Pop-up sales. He is very proud of the work he does as a "workerman" no matter how heavy or repetitive.

So thank you to everyone who has popped-up their gardens. Big gardens and small gardens—they are all an inspiration to all of us.

Barb



Hugh and his Ampa moving stones and working hard with a lovely result!

I look forward to seeing you at our meetings during the year and, as always, you can contact me at: barb.fairbanks-eygc@bell.net or 416-755-0278

Environment Day



Rob Norquay and Monique Gauthier Volunteering at Brad Bradford's Environment Day

On Saturday July 13th, EYGC had a table at Councillor Brad Bradford's Environment Day at the East York Memorial Arena parking lot

Once again, the weather was perfect and it was a great day. Our table was manned through the day by Roz Regnier, Theresa Boyd, Dennis Jones, Nina Sparks, Rob Norquay, Monique Gauthier, Diane Brockman and Barb Fairbanks.

We had a many visitors to the table with garden/plant questions and purchasers of plants that were donated by Roz, Barb, Paul Sarjeant and Wendy & Rick Plume. We raised \$62.00!

It is a nice way to get to know fellow members and to chat to the public and promote our Annual Flower Show & Tea. Think about volunteering next year...

Thank you to our volunteers and plant donators. It is appreciated.

Barb Fairbanks

Autumn

*'The Spirits of the Air live on the smells
Of fruit; and Joy, with pinions light, roves round
The gardens, or sits singing in the trees.'*

*Thus sang the jolly Autumn as he sat;
Then rose, girded himself, and o'er the bleak
Hills fled from our sight: but left his golden load.*

William Blake, 1757 - 1827

Community Projects—At the Legion



Pre-Canada Day with JT, Wini, Sue, Rob, Hugh, Alan



JT & new member Linda Puder

Jacqueline Tanner and her team of volunteers have worked hard this year at the legion with a lot of weeding, deadheading, edging, pruning, staking and general maintenance. They were successful in convincing the Legion that mulch was a good idea for water retention and weed suppression.

A recent problem with a plumbing leak inside the Legion meant that the outside hose has been out of commission for a while, but even that did not stop our determined volunteers from carrying out their chores. What a dedicated bunch!

Would you like to join them? Just let Jacqueline Tanner know at

jdtanner@hotmail.com



Adding Mulch Day: Sue, Carol, Jacqueline, Alan, Gord, Susan, Wini

Annual Flower Show & Tea Results

I was totally overwhelmed at the response for help at the Annual flower show and tea. It was an afternoon of happy people enjoying the array of flowers, veggies, activities and relaxing in the tearoom.

We had 41 members volunteer to help over Friday evening and Saturday, and 49 members baked goodies; some of you doubled up and participated in both. I loved the exotic names of a couple of the baked goods: Angels eggs and Orgasmic Fudge. Despite the rain and thunder we had an amazing afternoon. 100 teas were served— a record — and 65 containers of baked goodies.

This made the tea room and kitchen volunteers very busy but they were more than up to the task. I was so engrossed in the jobs to be done I forgot to tell volunteers to sit down for a cup of tea. Please next year remind me to do this. The judges lunch was delicious as always, thanks to Mary Lou Burt.

The flower Show was successful in spite of the rain. There were 23 members exhibiting 294 entries. The most popular categories were Clematis, Hydrangea, Rudbeckia, and small fruit tomatoes.

Best in Show: Vera Stoyanoff for entry her in the category "Planter foliage or flowering."
Best design: Anne Stanley for "Solar Power."

Nina Sparks was the last person to enter and she won best potted plant for her "Crown of Thorns."

Sue Munro entered for the 1st time and won 1st for "House Plant any other foliage" with her "Ponytail Palm." Sue was so delighted she spent the rest of the afternoon jumping for joy.

Gillian Leitch was a hit with her honey products for sale, including her interestingly shaped bees wax candles which included a salt and pepper shake Pomegranate, and apples, Lip balm moisturizer and specialty honeys.

Her talk on *Adventures in Urban Beekeeping* was a huge success with standing room only. She has five hives in Toronto, is chief apiarist at the Carrot Common on the Danforth and

resident Bee Keeper to the Weston BIA. She believes in environmentally and ecologically sound bee practises. There was lots of interest in the topic and great questions at the end of the talk.

Alan Barber was an excellent auctioneer; the floral bouquets were sensational and went for record amounts. Thanks to Cristina Brown and her crew for creating them. In addition to making the stained glass, Roz Regnier headed up the draw; winners are:

Mary Donovan: Airplane Mobile and 2 cushions.

Sonia Van Heerden: Gazer Ball.

Jane Hawkins: Stained glass.

The event was a great fundraiser for the club. East York Garden Club members are an amazing group; thank you all for your support whether it is volunteering, baking or taking time to come out for the afternoon with friends.

On a personal note I am the proud grandmother of Matthew, 7 months old. I believe he may have been the youngest visitor; he was busy giving out smiles to his new found gardening friends.

Barbara Foster



Annual Flower Show & Tea Results

Cut Specimens



Vegetables



Annual Flower Show & Tea Results

Designs



Plants



Annual Flower Show & Tea Results

People and Food



The Milkweed Project



The Milkweed Project by Wendy Plume

Since our back garden is virtually all shade, our front garden is where we have planted a variety of perennials for the pollinators. Some are native plants and some are not, but they're all intended to be tantalizing to butterflies, bees, and other bugs, and enjoyable by us humans too. There's columbine, pulmonaria, lupin, echinacea, physostegia, a couple different sedum, eryngium, pearly everlasting, monarda ... and milkweed.



Several years ago I decided I wanted to plant milkweed - the native "Common Milkweed", mostly because our garden tends to dry soil rather than moist, but also because it's a native one, and I think it's quite pretty and smells wonderful. My attempt at buying milkweed plants failed, because although I was assured the baby plants were the Common variety, they were in fact the Swamp milkweed and they didn't survive long in our garden. But there was a house down the street that had some in their front yard. The house was used as rental and no one really tended the yard, so the former front lawn had become mostly weeds including a scattering of Common milkweed. One day when I was walking past and one of the residents was on the front porch I asked him if it would be okay if I dug up a couple of the milkweed plants to put in my garden. He looked at me with a dumbfounded

look and said sure. He didn't care one bit! So I went back later with the proper tools and we had milkweed!

I've heard it said that milkweed doesn't transplant well, but I made sure I dug down and got a large amount of root, and took a few plants. I kept them well watered and it took a little bit for them to catch on, but most survived.

They were lovely, attracted Monarchs and other insects, and smelled amazing when they bloomed. I had heard they would tend to spread, so we buried a strip of old plastic siding across the garden as a barrier to keep it confined to the southern 1/3 or so. I was diligent in the fall not to let the seedpods spread their seed. A couple years I put elastic bands on a few until they matured, and collected the seeds to give to others. Otherwise, I clipped the pods off before they could wreak havoc in the neighbourhood. And each year the plants multiplied and spread more.

By last year we had more milkweed popping up than I really wanted. I dug out plants where I didn't want them, but new ones would soon appear. It had spread as far as the barrier, but it



The Milkweed Project

wasn't passing it, so I was glad I'd done that. But still, it was a little more robust than was desirable. Something would have to be done!

So this spring was designated for "The Milkweed Project". The plan was to dig out everything in that section of the garden, and then plant the milkweed in a sunken container and re-plant the rest, splitting up perennials where appropriate. It was not a small project, but should get the milkweed under control and would also serve to rejuvenate the garden. I wanted to do it in the spring, before the plants got too big and while the leaves from the spring bulbs were still there to show me where they were. We were away on vacation from the end of May until late in June, so The Milkweed Project was scheduled for the Canada Day long weekend.

When we returned from our vacation, we had milkweed coming up all over the place! There were even sizable plants growing in between the flagstones of our front walk!!

With Rick's help, I dug out all the plants in the milkweedy section with as much soil as possible and laid them aside on a tarp in the shade on the porch. I watered them well and covered them overnight with wet newspapers and the tarp, and fastened it down. The next morning we continued by digging through the soil to check for milkweed roots, and then dug a big hole in the middle of the area. My wonderful brother-in-law had got

me an unused 55-gallon plastic drum through his work for free. We cut it down so the bottom section was about 18" deep, and drilled a scattering of holes in the bottom (but not the



sides). We placed that in the hole with the edge above the soil level. I had some landscape fabric, so lined the drum with it to discourage any roots from escaping through the drainage holes, and it also camouflaged the bright blue edge of the drum.

A dose of compost and worm castings was added to the garden soil and we re-planted all the plants, keeping the (curated) milkweed plants to the sunken drum, along with the pearly everlasting and some bulbs. The rest of the perennials and bulbs were divided and planted with a slightly different layout than before. The hardest part was trying to figure out what the various bulbs were and where to put them. It will be a surprise to see how it all looks when they bloom next spring!

Time will tell how things develop, but I'm happy we carried out "The Milkweed Project" and am confident the effort will be worthwhile. The pollinators are worth it! (And If all goes well, we'll pop up our garden next year so you can see the result for yourself.)

Wendy



Controlling Aggressive Plants



If any of you have ever grown mint, you know how rapidly it can spread with its underground roots. What started out as a small fragrant plant in a 4" pot, soon has designs on your whole garden.

I love using mint in the kitchen, but did not want to deal with the invasion in the garden, so Alan suggested a solution that has worked very well over the years. We placed a plastic collar, approximately one foot in diameter and about one foot high, into the hole before planting the mint. The collar sticks up a couple of inches above the level of the soil, and prevents the underground 'runners' from invading the surrounding garden. True, sometimes the roots are so determined that they "hop the fence" as it were, but they're pretty easy to pull up and compost.

The collar we used was an old repurposed plastic collar designed to house irrigation valves, but you could use anything similar, even a large plastic pot with the bottom cut out.

So, go ahead and enjoy a mint julep, or make some mint sauce for your next lamb dinner. You don't have to give up control of your garden to enjoy growing mint.

Michael Woods

EYGC Logowear

Inventory 2019

Item	Price (each)	Inventory	Sizes
T-Shirt 	\$10.00	Quantity: 51	5 Small 15 Medium 20 Large 11 XLarge
Embroidered Patch 	\$5.00	Quantity: 82	N/A
Mug 	\$10.00	Quantity: 18	N/A

Monarch Musings

As Wendy Plume's wonderful milkweed article shows, a lot of people are focusing on re-building the habitat for Monarch Butterflies in order to increase their numbers, after recent declines. I think it must be working, as a lot of people have said they have seen a lot more monarchs and other butterflies in their gardens this year. Alan and I certainly agree.

We have a perennial swamp milkweed (*asclepias incarnata*) that has attracted lots of Monarchs, and a couple of annual milkweed (*aesclepias curassavica*) that have been extremely popular with the Monarchs. So much so we don't have much of the annual milkweed left. At one point we counted five Monarch caterpillars on one plant, all chomping away to beat the band. Nothing was disturbing them, so we left them alone to carry on with their metamorphosis.

Here is a collection of photos of our colony of caterpillars.

Michael Woods



OHA Convention Publications Competition



We won some ribbons for our EYGC publications at this year's OHA Convention in Windsor.

We won 1st prize for our newsletters! We had to submit two editions and they were judged only on the first 10 pages of each. We chose the July-Aug 2018 and the Nov-Dec 2018 issues. Congratulations and thanks to Michael Woods our newsletter editor and to anyone who submitted photos and articles.

We won 2nd prize for our yearbook! Great as ever. Congratulations and thanks to Malcolm Geast our yearbook editor, Austra Gulens for the cover photo and to all our contributors and proofreaders.

We won an Honourable Mention for our bookmark! A beautiful and useful advertisement for our Club. Thank you to Peter Ronan for once again designing the bookmark and to Austra Gulens for her photo.

Barb Fairbanks

September Flower Show Reminder

On Thursday September 19th we will have our final flower show for 2019. We have had great success with all our shows so far with new members competing and outstanding displays. Our September show will be beautiful.

New this year is our "First-Timer" class and this month it is A-15 a rose, any kind. If you haven't competed prior to 2019, this is for you as you will only be competing with fellow novices.

The design theme this month is "Life Changes" with a variety of design classes such as "Wedding Bells" a design using primarily white flowers, and "Moving Day" a design using a box and/or packing material.

If you have not competed before, or if you are a seasoned competitor, check out the yellow section of your yearbook to see what you can possibly enter. We have great volunteers who can help you once you bring your entries to the clubhouse between 6:30pm and 7:15pm.

Canada Day Celebrations 2019



Roz and her floral bonnet!



Enthusiastic Flag Wavers

Canada Day 2019
was beautifully sunny, and
thanks to cooler temperatures
and a lovely summer breeze,
was very pleasant for
walking.

We had a good group of marchers this year, including some who “popped up” on route.

This added to the excitement, as did seeing fellow members, family and friends greeting our gang from the crowds of spectators. We were proudly led by our beautiful East York Garden Club banner.

We decided not to have our plant sale at Stan Wadlow park this year, as our May Plant Sale and the subsequent plant sales at many of our Pop-up Gardens (a first this year) have been very successful and proved to be a more popular venue for buyers and sellers alike.

**Plan to walk in the parade in 2020
And help us in celebrating
Canada Day!**

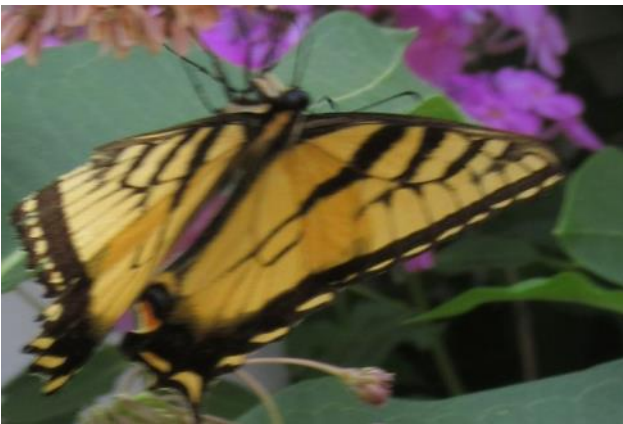
Members' Photo Page



Anita Millar's Red Admiral



Alan Barber's Aesclepias with Bee



Sonia Van Heerden's Tiger Swallowtail



Anita Millar's Swimming Snake



Michael Woods' Monarch



Sonia Van Heerden's Eastern Swallowtail

Members' Photo Page



Dianne Cavanaugh's Hummingbird Moth



Anita Millar's Frog

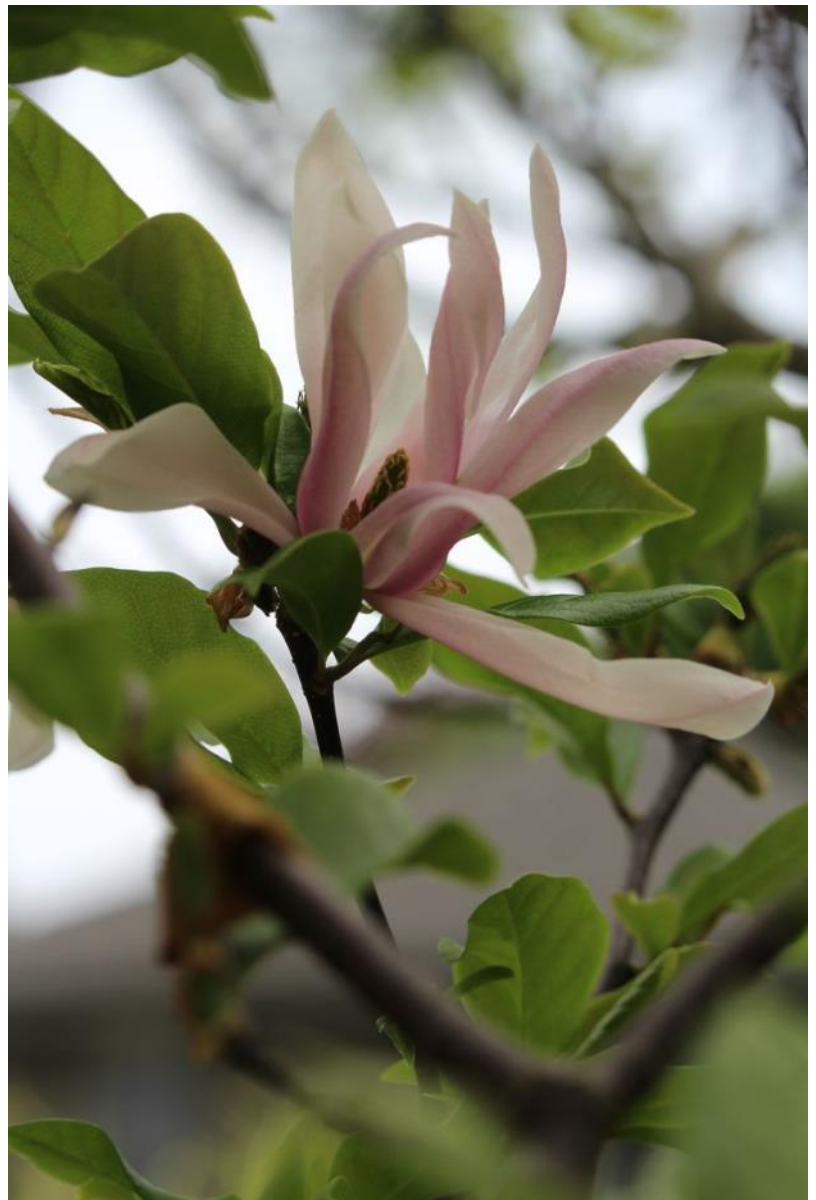


Gail Gregory's Daylily



Sonia Van Heerden's Red Admiral

Send in your Garden and
Nature photos to the
EYGC Newsletter for the
Members' Photo Page.
woods-eygc@bell.net



Anita Millar's Magnolia

Pop-Up Gardens - July August 2019



Anna Leggatt's White Variegated Dogwood, and Pink Cornus kousa 'Sartomi' Dogwood



Anne Stanley's Colourful Garden



Alan Barber & Michael Woods' Elusive Early Martagon Lilies



Helen Kosti's Guild Pop-Up

Issue Date: September October 2019

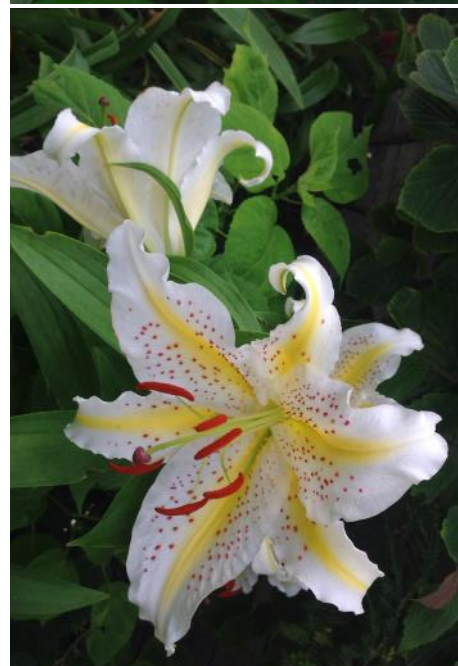
Pop-Up Gardens - July August 2019



Dianne Cavanaugh's Terraced Back Garden and Fairy Garden



Top Terrace at Veronica Callinan's Garden and Red Lobelia



Lilies at Alan & Michael's



Daisy Auer's Orange Toad Lily and Variegated Pink Hibiscus

Pop-Up Gardens - July August 2019

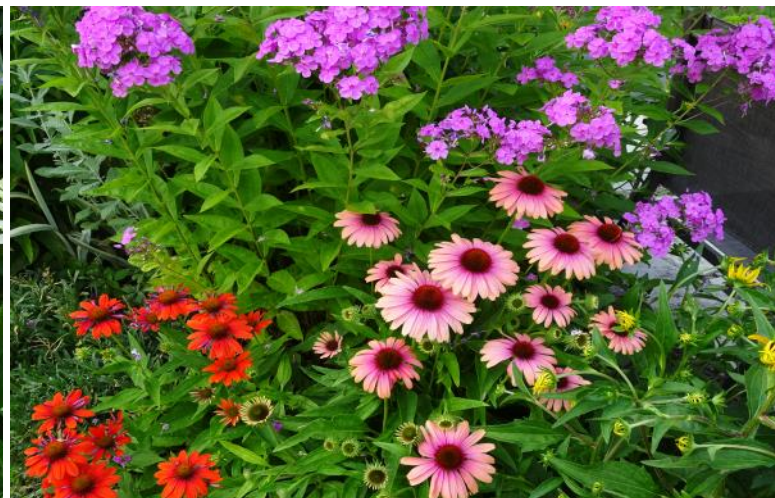


Jennifer Smith's White Hydrangeas, & Mauve Lacecaps



Mary Lou Burt's Daylily Extravaganza

Janet Zablocki's Arbour and Many Daylilies



Austra Gulen's Echinacea in Several Colours, and Purple Phlox

Membership Renewal Form 2020



Website: www.eygc.ca



MEMBERSHIP FORM Year: 2020

Name _____

Address _____

Postal Code _____ Phone # _____

Email _____

Note: Your privacy is respected. We will only use your email address to send you EYGC information. We do not distribute your email address to anyone else.

- ☐ New ☐ Renewal Payment ☐ Cash ☐ Cheque
☐ Single Membership (\$20) ☐ Family Membership (\$30)
☐ Receive newsletter and club events via email

If new membership: how did you hear about us, e.g. the Mirror, a neighbour, our brochure?

Age Group: ☐ Under 18 ☐ 18-60 ☐ Over 60

Note: it is strictly voluntary if you choose to check one of these boxes. The rental rate at Stan Wadlow Clubhouse is a lower rate for organizations with a high number of seniors (over 60) and youth (under 18) therefore it is helpful, but not necessary, for us to have this information.

☐

I would like to volunteer in some capacity with the Club

Membership fees are due by January of each year. Fees can be paid in person at a regular meeting of the Club or by mailing this form and a cheque (payable to "East York Garden Club") to:

East York Garden Club, c/o Cristina Brown, 7 Knightsbridge Road, Scarborough, ON M1L 2A8

Personal Information & Privacy Act Disclaimer

The information provided on this form is for the exclusive and confidential use of EYGC. Personal information of members, such as your name, address and telephone number is published in the EYGC Yearbook to identify a contact person for a specific event. This will be maintained in accordance with Canada's Personal Information and Electronics Document Act.

Do you want your name in the yearbook's members list? ☐ Yes ☐ No

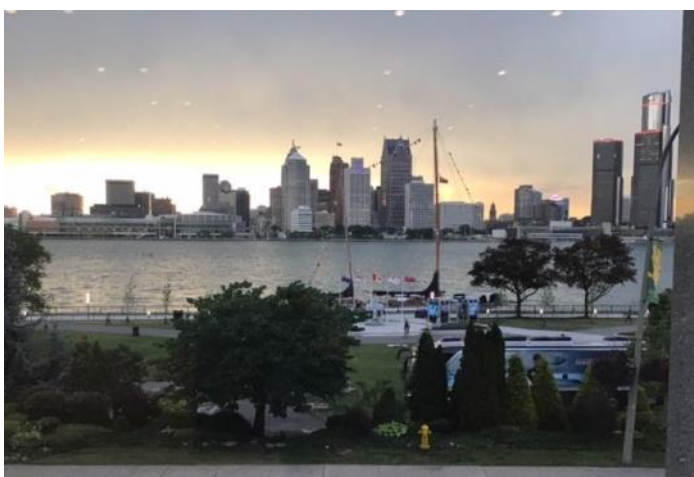
The East York Garden Club is a member of the Ontario Horticultural Association, District 5

OHA Convention Report by Barbara Foster

July 19th-July 21st 2019

Windsor: In the Deep South where everything Grows.

Windsor is a city I had not visited before the convention. My husband David and I spent four nights at the Best Western Waterfront Hotel, where we had fantastic riverside views looking across to Detroit. Adjacent to the hotel was St Clair College where the convention was held.



Sunset Across the River Behind Detroit

We made a quick dash from a friend's farm near Glencoe, Ontario on Thursday morning in order to arrive in time for the early bird bus trip that was due to leave the hotel at 12:30 pm. We were fortunate to have the Windsor Spitfires' Hockey team deluxe air conditioned bus for the trip. It was the weekend of record breaking temperatures for Ontario's Deep South.

As with our own bus tours there was a friendly buzz throughout the bus starting with the drama of a large tanker truck blocking the bus's exit from the driveway. We set off for Point Pelee National Park, known for its Carolinian Forest, large area of marshes and stopover area for migratory birds and butterflies. Point Pelee was designated as a Dark Sky Preserve in 2006. This restricts artificial light pollution.

On the drive to the park our group was in awe of the acres upon acres of massive green houses

in the Leamington area. No not tomatoes, but Canada's newest crop, Cannabis.

After a brief stop at the visitors centre we took the trolley bus to the southern most point of mainland Canada. There is a about a 10 minute walk from the bus drop off to the point. Several of us decided to trudge out across the sand bar to the furthest point where land meets Lake Erie. Well worth the trip and certainly a thrill.

Then we visited a nature store and a nursery for retail therapy.

By early evening we arrived at Kingsville lake side park where one of the Kingsville Horticultural society members gave us an interesting tour of the park, including pointing out many of the Carolinian species of rare Trees. They included Cucumber Magnolia, Sassafras and Black Walnut. The park also has a very impressive war memorial carved from wood.

Lastly we went to Fox Glen golf club for supper; we were in a small room off a larger room where 200 policemen were celebrating after a golf tournament.

The food was good but the chef forgot to make dessert. Not a big deal unless you are a policeman; they took charge of the problem, sending out for their favourite treat. Guess what that would be? *(answer at the end of the report.)*

Friday, the main conference began with the organizers entering accompanied by a bagpiper. After the official greeting the conference got down to business. This is similar to the district five meetings. As I love lectures / talks I was in my element at the conference. I was at a table with Cindy Scythes our district 5 director as well as Peggy McIntyre from Timiskaming, director for district 12. Therefore I had lots of help when I needed protocol explained to me.

Over the next 3 days the delegates voted for the OHA directors and passed all the resolutions put on the table. They were mostly word changes to conform with OMAFRA's by laws.

Kim Coopers, an agriculture specialist with the Municipality of Chatham-Kent, talked on the world distribution of food and the fact that

OHA Convention Report continued...

corruption is an issue where there is starvation. Facts include Canadians waste more food per capita than any where else. We eat 183kgs of food per person per year. Agriculture in Canada suffers due to lack of labour. Take home message: buy local buy Canadian. Kim also stated: read can labels, he cannot recommend canned products from China or India. There's a new pickle factory opening in Wallaceburg.

In the afternoon, I attended a talk on homemade remedies and treatments for plants. Stay tuned I plan to put some of the remedies in a future issue.

To end the day David and I had a fun evening, the theme being the Roaring 20s and 30s. The room was decorated in to represent the era; the sun was setting over Detroit to give us the right atmosphere. Participants dressed up to represent the era, and the party began. The silent auction was an added excitement. After dinner we had the Rum Runners a presentation set to music about the prohibition era and a Jazz band called the Music Makers. Wow what a party.



Roaring 20's Participants

Saturday I was blown away by a talk on the Green House industry given by Marc Korpan, of Nature Fresh Farms. The green house industry is practically a year round operation in Southwestern Ontario. Many farmers now grow peppers, tomatoes and cucumbers in very large green houses. They have a controlled, almost fully automated system computer driven ensuring that the plants get the right nutrition, light and temperature to thrive. There are automatus vehicles moving around the green houses and production lines. Even insects such as bees to pollinate and insects to eat aphids are introduced.

The advantage to us city dwellers is that our produce is close to home and not flown in from places such as California and Mexico.

As the bus trip I had arranged to take in the afternoon was canceled, We took the opportunity to take a break and head over to the Detroit Institute of Art with friends who live in Windsor, a great move as the temperatures had soared to over 40c.

By going off to Detroit I have one big regret. I missed David Philips climatologist key note speech on the Environment and Climate Change.

Sunday morning bought the wrap up session for the business part of the convention and an invitation to the 2020 convention in London, Ont.

I said good bye to the new friends I made over the three days at the convention vowing to meet again next year in London July 17-19. To end our stay in the Deep South, back Across the border to Detroit for a visit to the Henry Ford Museum, a must see if you are in the area.

As previously mentioned in an email from Barbara Fairbanks, congratulations to Michael Woods, Malcom Geast and Peter Ronan for winning prizes in the printed publication categories of the show.

Barbara Foster

Answer: Tim Hortons Doughnuts.

Purple Coneflower and Pollinators

The EYGC recently voted that the official flower of the garden club would be the Purple Coneflower, *Echinacea Purpurea*.

Some people have asked just how popular is it with our local pollinators? Is it a good plant for a pollinator garden?

Well, if our experience this year with a host of eager pollinators is any indication, then the answer to both questions is a resounding yes. The frenzy around our echinacea has been a delight to watch. A large variety of butterflies and bees have found our plants very tasty.

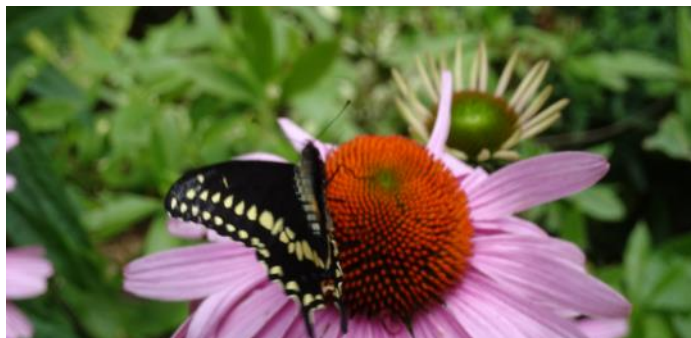
Apparently varieties closest to the original species plant are the best for pollinators, as they are not too interested in varieties that have been overly hybridized.

Having so many pollinators feeding on our echinacea this year allowed me to get some decent photos of them.

Michael Woods



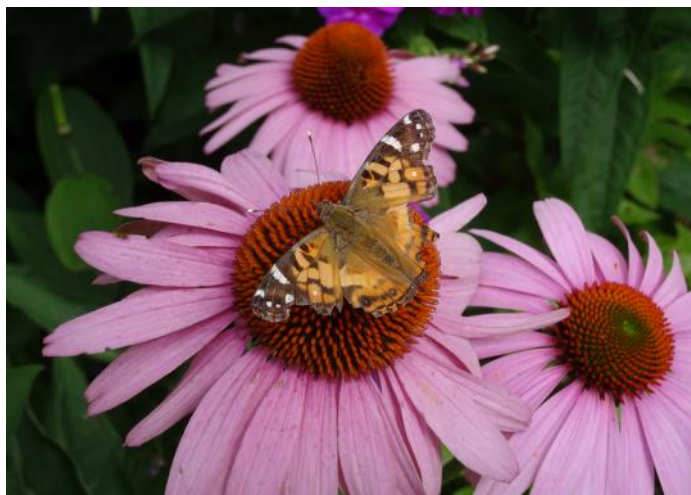
A Favourite with the Monarchs



Eastern Swallowtail Feeding



Bumblebee on a White Echinacea

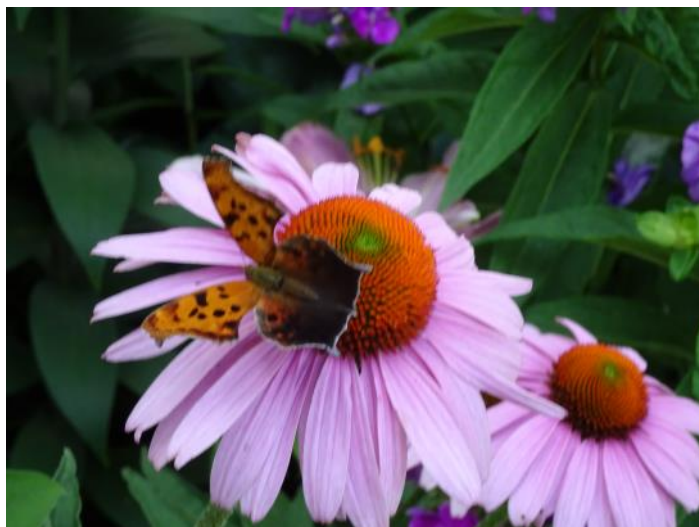


This Faded Painted Lady Stayed all Day

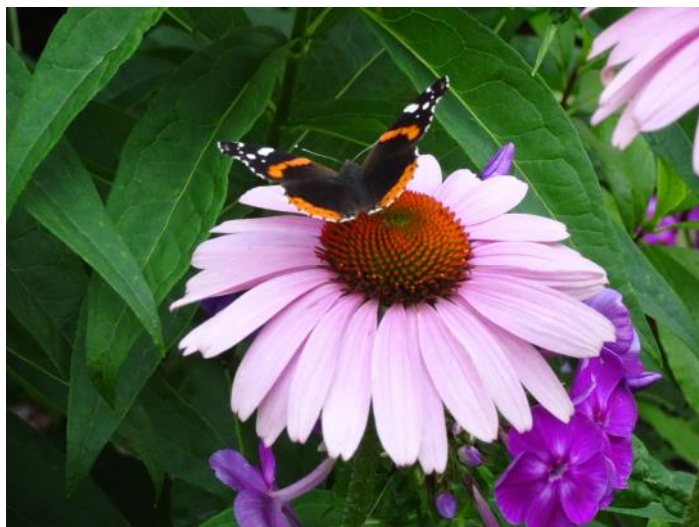
Purple Coneflower and Pollinators



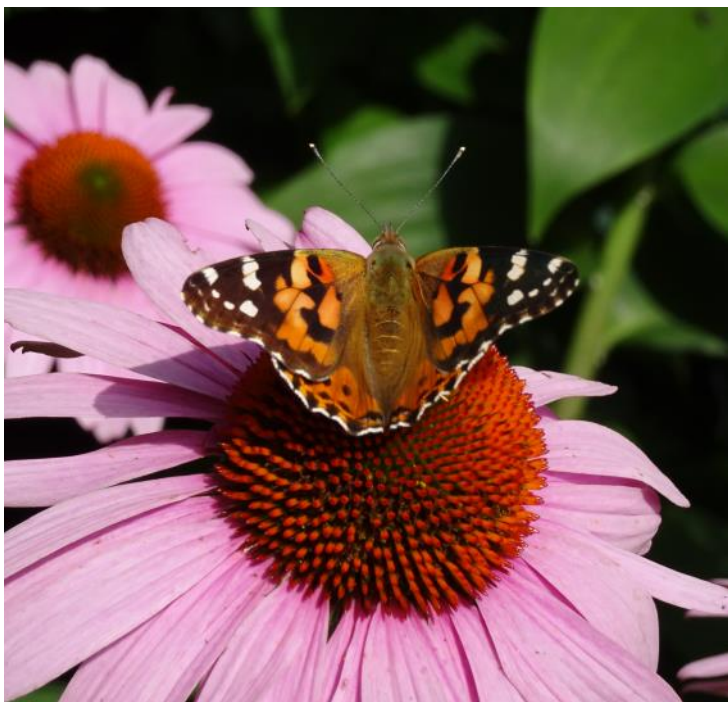
Question Mark Butterfly Showing Under Wings



Question Mark Showing Colourful Top Wings



Many Red Admirals came to Visit



Painted Lady Showing More Typical Bright Colours



Even Honeybees are Echinacea Fans

Our Third Annual Fall Plant Sale!

We have been quite successful with the fall plant sales. We hold them in a member's driveway and it is open to the public. It gives members a chance to divide their plants and purchase new ones. So, we are going to try it again.

We will still keep it simple with small pots going for \$2.00, and large pots going for \$5.00.

Here is the information you need:

Date: Saturday September 28th

Hours: 10:00am to 2:00pm

Location: Diane & Peter Ronan's driveway at 7 Norlong Blvd

Drop-off Details: Friday Sept 27th evening 6:00 - 7:00pm or Saturday morning 8:00am - 9:30am

How to label: Same as our regular plant sale—name, colour, height/width, sun/shade and any other information that would be helpful (on a label, or stick)

Types of Plants: In a clean pot, or bagged, any perennial you might be dividing.

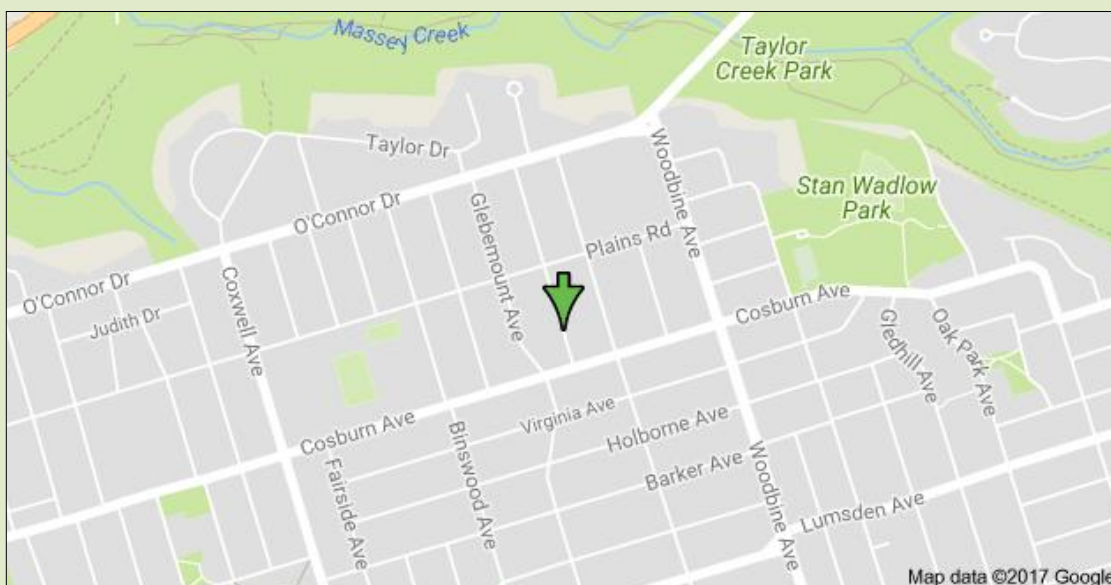
Check out this website for the how-to and some ideas of what to divide

<http://www.finegardening.com/10-tips-dividing-perennial-plants>

WE DO NOT WANT: Big bushes, trees, whole huge plants, unhealthy plants, invasive plants such as Vinca and Goutweed! We do not want any seeds, empty pots, magazines, garden tools.

WE DO WANT: VOLUNTEERS to help keep plants organized, work as cashiers, to give information and advice as much as possible, help take plants in and out of cars, tidy up at the end.

Volunteers Please Contact: Anita Millar - amillar1961@gmail.com



Annual Photography Contest

Just a reminder that the last day to submit entries in the club's annual photo contest will be at our October 17th meeting. Categories are divided into horticultural and general topics. Chances are you have already taken some photos which you could enter. If not there is still time to get out and create what may be a prize winning photograph. Entry forms will be available at the September and October meetings. Members of the photography committee will be on hand to answer any questions you may have or you may e-mail your question to linda.boyko2016@gmail.com. A committee member will get back to you. Full contest rules and information may be found on pages 25-27 of the yearbook.

This year's categories are:

Horticultural

1. Captured Beauty (a close-up of a flower.
2. Harvest time
3. City of Toronto Gardens
4. Critters in the Garden (birds, snakes, frogs etc)
5. There is a fungus among us
6. Roses

General

7. Where my feet have been this year
8. Photographer's choice (black and white)
9. Historic Toronto
10. On the water
11. Foggy Weather
12. Garden Art

Children and Youth

13. Yellow in the garden.
Children's division – 10 years and under
Youth division – 11 to 17

All entries will be on display at the November meeting. Will one of your photos be there for all to enjoy?



Notices to Members



Photographs will be taken at many East York Garden Club (EYGC) meetings and events.

It is assumed that by attending an EYGC meeting or event you are giving tacit approval for your image to be used in EYGC publications (e.g. yearbook and newsletter) that will subsequently appear on our website, or to be used for publicity for future events.

If you have any questions about this please approach a member of the Executive Board or contact us at:

**gardenclub@eygc.ca or
416-755-0278**

EYGC Needs a New President!

As I mentioned at the June meeting, after four years as president I have decided to step down when my term is complete in November. I am looking very forward to being the Past President. It is time for another member to step up and bring some new ideas and leadership to the Club.

You don't need to be a Master Gardener, a so-so gardener, or even *have* a garden to be President. Being organized is helpful and a willingness to provide the overall leadership to the Board and the Club is key. We have all the tools and associations in place for you to succeed, and a great Board to support you and work with through the year. As Past President, I will be there to guide and help you when needed.

Barb Fairbanks
EYGC President

EYGC Code of Conduct

In keeping with the City of Toronto's Anti-harassment policy when using any City of Toronto properties, East York Garden Club, with the kind assistance of the Leaside Garden Club, has designed an **EYGC Code of Conduct** to adhere to the City's regulations.

In short it says: ***A guiding principle of the East York Garden Club is that everyone is entitled to be treated with courtesy and respect at all times. Although EYGC promotes freedom of expression and open communication, we expect all members to adhere to this principle as outlined in the full "Code of Conduct".*** The full document will be published in an up-coming newsletter.

EYGC MEMBERS PLEASE NOTE:

"CANNABIS, IN ANY FORM, IS NOT TO BE AT ANY EAST YORK GARDEN CLUB MEETING, ACTIVITY OR EVENT, SUCH AS, BUT NOT RESTRICTED TO, OUR REFRESHMENTS, FLOWER SHOWS, PLANT SALES, SEED EXCHANGE."

Flower Show Information

Flower Show Trophy & Awards You Can Win in 2019

Every year there are award presentations at our end-of-the-year AGM in November. This includes cash prizes for show points as outlined in the Flower Show Rules (the yellow section in your yearbook). This is a reminder of our trophies and awards possibilities for competitors:

We have the “**Anna Leggatt Novice Award**” that is awarded to the novice who received the highest aggregate amount of points in both horticulture and decorative classes in both the monthly and the annual shows. A novice is a person who has not been awarded a first prize in previous years in any OHA society shows.

We have the “**George S. Henry Trophy**” that is awarded to the member with the highest number of aggregate points in both Horticulture & Design classes in monthly & annual shows.

New to Flower Show Competitions?

Do you want to know what all the excitement is about? Do you want to win “big” (ha-ha) money at the end of the year?

If you grow any flowers, fruits or vegetables, grasses, houseplants etc then you could possibly enter any of our shows throughout the year. Or if you are interested only in the Design classes, you don't have to grow anything yourself - you can purchase flowers and foliage and get creative! The yellow section in your yearbook (pages 11 to 24) gives you the basic information as to what you can enter and how to enter. If you want to know more, or have questions regarding any part of the schedules or rules, please call:

Cristina Brown 416-755-9077, Linda Boyko 416-699-4038, Claudette Levesque 416-424-4767

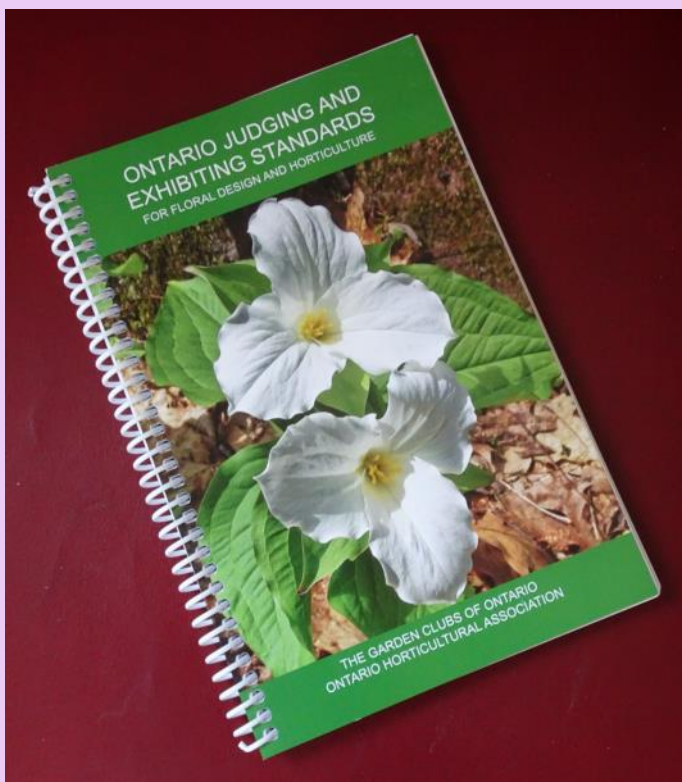
What the Heck is the OJES Book?

The Ontario Horticultural Society & The Garden Clubs of Ontario have updated the “**Ontario Judges & Exhibiting Standards for Horticulture and Floral Design**” (OJES) book.

This soft-cover book is a publication to assist exhibitors, show organizers and judges in all aspects of a flower show. It details how to prepare entries for a show, what judges look for, design basics, definitions, etc. It is a useful book to have if you do compete or are thinking of competing. I believe the last update of this book was 15 years ago--so it should be relevant for years to come!

Many of you who ordered a book have already picked it up from Barb Fairbanks. If you haven't done so yet, please contact Barb to get your book.

If you didn't order a book but would like one, please speak to Barb Fairbanks as we have a few extra copies.



The Spiral Bound OJES Book

Proposed By-Law Changes

Proposed Changes to EYGC By-Laws

The Executive is proposing a few changes to our By-laws. These will be announced at the September meeting. The membership in attendance at our November Annual General Meeting will be asked to approve the proposed changes.

The first change is an overall correction of grammar and punctuation throughout the By-Law document. These changes do not affect the meaning or terms of the by-laws, but simply correct grammar and punctuation.

Proposed change: update the grammar and punctuation throughout the document

The second change is to clearly state the number of Executive Board members allowed to be signing officers for cheques/payments. This allows us to have more flexibility to process payments when the President or Treasurer is not available or to sign a payment for the President or Treasurer.

This would be a new By-Law 4(g): Any two of the President, Treasurer, Vice-President and another Executive Board member appointed by the Executive Board shall sign cheques, drafts, or orders for the payment of money.

Proposed change: Existing item 4(g) will be replaced by the new by-law and the existing by-law 4(g) that references the duties of the President will become 4(h) and change from....the President will sign all cheques jointly with the Treasurer to 4(h) ...the President will be a signing officer with the Treasurer, Vice-President, and another Executive Board member.

Proposed change: Existing item 4(j) that references the duties of the Treasurer will become 4(k) and be amended fromthe Treasurer will pay all accounts by cheque co-signed by the President to 4(k)...the Treasurer will pay all accounts by cheque signed by any two signing officers consisting of the Treasurer, the President, the Vice-President or another Executive Board member.

The third change is to add a new By-Law 4(m) to cover the signing of contracts. This allows work to be distributed to those Board Members who deal with specific tasks such as, but not limited to,; booking the permit for the Stan Wadlow Clubhouse for our meetings, booking the East York Civic Centre for our Board meetings, agreements to participate at City Councillor's Environment Days.

Proposed change: New By-Law 4(m): With the approval of the Executive Board, the President or one of the Vice-Presidents or the Treasurer or the Secretary may sign contracts, documents or any instructions in writing requiring the signature of the Club.

Subsequent change: With these changes and additions, the numbering of Section 4 Executive Board will be changed sequentially.

Proposed change: Section 4 will have by-laws running from 4(a) to 4(p)

Horticultural Happenings



Back for its second year, the outdoor art exhibition "[ZimSculpt](#)" showcases hundreds of stone sculptures by many of Zimbabwe's most renowned contemporary artists. Admission is free and all sculptures are available for purchase. The exhibition runs from June through September 2019.

Toronto Botanical Garden



Dates:	Title:	For More Info Contact:
22Sep2019	Curry Cucumber Pickles and Fresh Summer Salsa - Learn how to make them 1:00PM to 3:30 PM, TBG, Members \$45.20, Public \$56.50	https://torontobotanicalgarden.ca/
22Sep2019	Fall Garden Pruning, Learn Seasonal techniques with Marion Jarvie 1:00pm to 3:30 pm - Members \$42.94, Public \$45.20	https://torontobotanicalgarden.ca/
28Sep2019	Creating a Wildlife Friendly Garden Workshop, 10:00am to 4:00 pm, Members \$60.00, Public \$75.00	https://torontobotanicalgarden.ca/
03Oct2019	Planting Garlic, Saving Seeds, and Putting the Vegetable Garden to Bed 6:00 to 9:00 PM. Members \$40.68, Public \$50.85	https://torontobotanicalgarden.ca/
10Oct2019	Toronto's Urban Ravine Symposium, 8:30am to 4:30pm, TBG. Members \$100.00, Public \$120.00	https://torontobotanicalgarden.ca/
17Oct2019	Growing Native Plants from Seed, 10:00am to 4:00pm, TBG, Members \$60.00, Public \$75.00	https://torontobotanicalgarden.ca/

This list is to alert you to some of what's going on horticulturally in Toronto and the surrounding areas. Comprehensive information about each event is not listed here. We don't have the space for that, but if you see something that interests you, then please explore it further on your own.

If you go to any of these events, please let us know all about your experience. Thanks!

The Back Page Garden...

Show us your backyard! (or front yard, or balcony...)

Send a photo of your garden at its best, or at your favourite time of year. Show your whole yard, a cozy corner, or any "vignette" that you love & want to share with EYGC members.

Be selective and send only one or two photos, preferably in jpeg format - fairly high resolution is best for clarity. Send to the newsletter at:

woods-eygc@bell.net

Shown to the right is a colourful arrangement of pots in Anne Stanley's artist's garden.



Here we Grow Again...Welcome New EYGC Members

Please join us in welcoming our most recent members:

Summertime - Everyone's too busy gardening to join...



If you would like to make a submission to be included in the next issue of "The East York Garden" newsletter, the next deadline is:

October 25th, 2019

Please email your comments regarding our newsletter, or your submissions for the next issue, to

Michael Woods at:

woods-eygc@bell.net

We're on the Web! Find out more information and get back issues of this newsletter at our website:

www.eygc.ca



"The East York Garden" is the Newsletter of the East York Garden Club