'The East York Garden' is the Newsletter of the East York Garden Club



Issue Date: 2020 March and April

The East York Garden



Next Meetings:

Photo: Spring Ephemeral - "Epimedium" Credit: Michael Woods

Thursday March 19th, 2020, 7:30PM Topic: "Conserving Water in the Garden"

∫peaker: Paul Zammit

We all know that every drop of water is a precious resource. Careful use and management of water in the landscape is of critical importance. Join Paul as he explores how to make every drop count in the garden, through careful plant selection and well planned garden practices.

Paul Zammit, a graduate of the University of Guelph, is the Nancy Eaton Director of Horticulture at the Toronto Botanical Garden. In 2017, Garden Making magazine selected Paul and his wife as two of the top 20 Canadians shaping gardens across Canada. He has been awarded the Young Professionals award by the Perennial Plan Association and is the recipient of an Industry Service Award.

Members with Surnames beginning with "M" through "O" are asked to bring some cookies or squares for the refreshment table. Thank You!

Remember the March Peoples Choice Photo Contest, Topic is: "Spring is in the Air"

Thursday April 16th, 2020, 7:30PM Topic: "Night Gardening" ∫peaker: Wolfe Bonham

With hectic schedules and long commutes many of us don't get home in time to enjoy our gardens, and by the time we're ready our garden has gone to sleep. Why not design a garden to look just as fantastic once the sun goes down. Wolfe Bonham will explain the advantages of a professionally installed Landscape Lighting installation.

Over a decade ago he stepped out on his own to form Peace, Love, and Landscaping, a Landscape Design & Construction company. Several of his installations have achieved numerous awards. He is a certified Dry Stone Waller, and is a former member of the Board of Directors for the Oakville Horticultural Society. He has also had the opportunity to study Japanese Garden Design in Japan, and is a certified Feng Shui consultant.

Members with Surnames beginning with "P" through "R" are asked to bring some cookies or squares for the refreshment table. Thank You!

Remember the new April People's Choice Photo Contest, Topic is: "Spring Blooms"



The **East York Garden Club** is

a member of: The Ontario Horticultural Association, District 5.

Meetings are held on the third Thursday of each month (except July, August and December) in the Stan Wadlow Clubhouse, 373 Cedarvale Avenue, at 7:30 pm.

Refreshments are available at 7:00 pm. The Clubhouse is wheelchair accessible. Visitors are always welcome.

Yearly membership fees are \$20.00 for a single, \$30.00 for a family. To inquire about membership, please contact:

Cristina Brown at: 416-755-9077

Visit us on the web: **www.eygc.ca**

> **President:** Diane Dyson

Vice President: Rosalind Regnier

Newsletter Editor/Art Director: Michael Woods



A Reminder about Advertising

We will accept one advertisement, free of charge each calendar year

- The member advertising must be a current member of EYGC
- The advertisement must be garden-related
- The advertisement will appear in only the March-April newsletter
- The advertisement is subject to executive approval
- A print-ready advert would be required, business card sized
- Submitted as PDF or JPEG or a scanned business card

You may send your advertisement to Diane Dyson at gardenclub@eygc.ca no later than February 1, 2020.

All ads to be approved by the EYGC Board.

Cover Photo

Have you got a photo that says to you: "This is May/June in East York"

Send it in to the newsletter for a chance to be on the cover of the next or future Newsletter! (Landscape format is best) woods-eygc@bell.net

<u>March - April 2020 EYGC Newsletter Photo</u> <u>Credits Various Photos:</u>

Alan Barber, Karen Bell, Veronica Callinan, Dianne Cavanaugh, Barbara Fairbanks, Monique Gauthier, Austra Gulens, Anna Leggatt, Gillian Mason, Anita Millar, Wendy Plume, Rick Plume, Heather Whetstone, Michael Woods

Issue Date: March April 2020

Message from EYGC's President



Prez Patch by Diane Dyson

Look what popped up in a friend's garden this week! It's the end of February, but the recent warm days welcomed this first patch of snowdrops (Galanthus). For the record, we have been seeing these even earlier in Toronto. Gardener Helen Battersby reports finding them on February 4 in 2016, and as late as April in other years. Still whenever they arrive, these imports from Europe and the longer days we enjoy, herald the arrival of spring.

So, in preparation for the coming warmth, I purchased a few packets of seeds at The Botanical Garden's Seedy Saturday. One of them was a packet of Dill seeds to attract Swallowtail Butterflies. For the same reason, a few of us on last year's fabulous bus trip bought dill plants at a nursery stop. I never did see a caterpillar but I am going to try again this year.



On that same bus trip, I also impulsively bought an eggplant plant. I imagined its aubergine sheen and was lured by its promise of heavy fruit to come. But I confess: Sitting in the blaring sun of the front yard, it suffered for lack of watering. Yet, that small plant bloomed all summer long, repeatedly, hopefully. It just never quite fruited. So this year, I picked up a packet of jalapeno seeds at the TBG. I am hoping that they can stand the heat. Before the snow has even melted from our yards, this is a time of the year filled with promise.

Please do enjoy this newsletter. It is filled with events and other reminders of the activities which lay before us. New this month is a column we hope will become more regular: Climate CHANGE (*Creative Horticultural Activities Now for Gardeners Everywhere*), environmental tips for gardening. Thanks to Gail Gregory for the suggestion, and to Michael Woods for his inspired response.

You will also find in this issue some business cards from some of our members. Once a year, members are invited to submit gardening-related advertisements, and this is the issue.

Canada Blooms promises fragrant visits March 13-22 in the Enercare Centre. If you're interested in volunteering, you can sign up through their website: <u>https://canadablooms.com/get-involved/</u>volunteers-2/ or call the volunteer coordinator at 416-447-8655 x 7721.

So far, 25 members have signed up for the District 5 Garden Clubs meetings in Keswick on Saturday, April 18. There is still time to register, so let me or Susan Bartlett know if you are interested! If you missed this, in July 17-19, clubs and societies from across the province will be meeting in London, ON. The theme for the convention and flower show is "Inspired by Nature, Learning, Growing, Blooming." As further plans are set, you can find details in this newsletter and on the Gardens Ontario website about the various contests to be held, including one for Creative Writing, Art, Photo and Flower competitions. If you need a little mid-winter inspiration, here's a picture of the Conference Centre pool:

Diane, gardenclub@eygc.ca



∫pring Travel



Oh to Be in Victoria, Now That J pring is Here

By Karen Bell

I always say that Ontario has no spring season, sliding straight from winter into summer. So last "Spring" we spent two weeks in Victoria (April 24 through May 7). Purpose: to enjoy leaves and flowers which were conspicuously absent in still dreary Toronto.

We went from gray to green in a few hours. Downtown Victoria was refreshing, with truly tree-lined streets. They love their flowering trees in Victoria. Even the magnolias were opening their large blooms.

Leafy hedges lined every street in James Bay. Rhododendrons were blooming all over town. Lilacs were just beginning to get going. We saw wisteria too. Flower-wise, it was mostly tulips, but we must have seen a million of them, especially at Butchart Gardens.

Elsewhere, the annuals were just beginning to be planted out. Other gardens included the ones at Royal Roads University, the amazing Beacon Hill Park (like our High Park, only downtown and with an ocean view) and the hilltop gardens at the Lieutenant-Governor's residence.

The Empress Hotel featured a small, enclosed front garden with beehives, already buzzing with those most industrious of insects. The hotel staff harvests the honey for use in the kitchens. Also residing here since 2008 was Roger the



Butchart Gardens, Colourful even in April, showing lots of Spring Blooms

yellow-bellied marmot. Not a B.C. native, he apparently hitchhiked in from Alberta (I surmise he fled that province for warmer climes).

In the fields along the Juan de Fuca Strait, the early Camas (camassia) made a sea of purple. Spring had sprung.

Karen Bell

More on Victoria's early flowering trees at: <u>http://www.vncs.ca/wordpress/activities/hanami</u> <u>-%E8%8A%B1%E8%A6%8B-cherry-blossom-</u> <u>viewing/</u>



The fields along the Juan de Fuca Strait, the early Camassia makes a sea of purple



Flowering Trees and Shrubs, and lots and lots of beautiful tulips

Anyone who thinks gardening begins in the spring and ends in the fall is missing the best part of the whole year; for gardening begins in January with the dream."

Josephine Nuese, author of "The Country Garden"

Exploring Epimediums



Epimedium to Grow and Love

By Alan Barber

During the past several years our garden, which started out exposed to full sun, has gradually become shadier due to the growth of surrounding trees. The challenge has been to find plants which are adaptable to these changing conditions, and one of the more valuable perennials has been our growing collection of epimedium plants, also known as Bishop's Hat, Barrenwort, or more fancifully, Fairy Wings. This genus, native to the Far East, Southern Europe, and large parts of Asia, comprises 64 species, and untold named varieties, many of which are useful and attractive garden perennials. Their main attribute is their ability to grow in dry shade, under established trees, and with minimal watering, but they are also hardy to -20 degrees C, and are deer proof as well.

The main stem of the plant, or rhizome, is underground, and sends up the thinnest, wiriest stems possible, which support the emerging compound, heart shaped, occasionally serrated leaves. These start out tinged with pink or red, proceed to turn green during the summer, and then become a copperish bronze colour in the fall, often with pronounced veining of a contrasting hue. This produces a beautiful, long lasting ground cover, between 12 to 16" high, which persists even into winter with good snow cover. It was while weeding the patio one Spring however, when on my hands and knees, and seen at ground level, I fully came to appreciate the delicacy and beauty of the accompanying flowers. Although tulips, peonies and iris are the showiest and most prominent blooms of the Spring garden, the underappreciated subtlety of the epimedium flower is indeed equally impressive, and depending on the cultivar comes in a variety of colours ranging from yellow, orange, red, and pink, to pure white, and even bicolours. The blossom is made up of a circular centre surrounded by a set of four inner sepals,

often of contrasting colour, and often with elongated spurs up to an inch long, and the overall shape is said to resemble the 'hat', or mitre worn by Anglican bishops, hence the common name. The root is also reputed to be an aphrodisiac, which gives rise to the name barrenwort. Epimedium are almost maintenance free, and only require that their old foliage from the previous season be cut back to ground level in late winter or early spring. As most members of this genus are forest dwellers, an annual application of leave mold or compost is also beneficial, but no dead heading or staking is needed, and after watering well to establish their root systems they are quite drought tolerant. What more could you ask of any plant? We now have over a dozen varieties in our garden, but here are just three of my favorites.



Epimedium rubrum: This species is widely available, and no wonder. The emerging foliage changes from pale pink to a darker green, and is surmounted by racemes of cherry red flowers with a band of white underneath each sepal, surrounding the yellow stamens in the centre, the whole bloom only an inch across, and the

Exploring Epimediums

plant itself only 10 inches high. Later in the autumn, the foliage turns reddish bronze, and as an added bonus, this variety spreads faster than others. It is a true gem.



Epimedium grandiflorum var. violaceum Bronze Maiden: The great attraction of this species is its striking chocolate purple foliage which later in the summer is tinged with veining of a lighter green. Its flowers are a rosy magenta with white tipped spurs held above the leaves and the entire plant forms a well-behaved clump about 16 inches high. More occasional watering will improve the quantities of flowers.



Epimedium versicolour sulphureum: The sepals of this variety are shorter and more rounded like a buttercup, about ³/₄ inch across, but are made up of two shades of pale primrose yellow and almost resembles a tiny daffodil in

structure. Its foliage emerges dark green but develops a red flush with green veining depending on light exposure, and although slower to establish than some species, it eventually becomes a sturdy, long lived member of the garden family.

Other varieties in our garden include the named cultivars 'Domino', 'Pink Champagne', 'Thunderbolt', 'Orange Queen', as well as Epimedium frohnleiten, and E. youngianum niveum.

Regardless of botanical, varietal, or common name, all epimedium are perennial plants worthy of a shady spot in your garden, and well worth getting down on your hands and knees to appreciate.

Alan Barber



Another Peoples Choice Photography Contest is added this year...

The changes that have been made to the Flower Shows and the Spring Plant Sale allow us to add an additional Photo Contest for the *April* Meeting.

The Topic for the new Peoples Choice Photo Contest for April is:

Spring Blooms

We encourage everyone to enter the contest and have fun!

EYGC Climate C.H.A.N.G.E. Ideas

What can we as *gardeners* do to help mitigate climate change? There are lots of things we can do, from small to large, to help. To assist with developing our idea list we have put together the **EYGC** *CHANGE* **Concept**:

- C Creative
- H Horticultural
- A Activities
- **N** Now, for
- G Gardeners
- E Everywhere

Climate Change is very real, and we should all do everything we can to assist in mitigating this global concern. Sometimes it can be very overwhelming to think about what needs to be done to change this situation, but what we as *gardeners* can be concentrating on is what we can do everyday, however small, to assist in

- **Plant a tree**. Or a shrub, or native plants for our pollinators. The more we as gardeners can infill the urban landscape with plants and trees, the more we are helping to counteract the stripping of land for development.
- **Grow more Native plants.** They will do well in your garden, and will support the pollinators that are so essential to everyone's gardens.
- **Grow More Edible Plants.** Plant your favourites, and share with your neighbours. You can't get more local than your garden.
- Need a New Driveway or Patio? Water permeable surfaces help to return water to the ground water supply, instead of going to the sewer.
- **Car Pooling.** Let's share rides more. Driving to the EYGC meeting? Pick up some EYGC passengers on the way...
- Bring your EYGC Mug to the next meeting to eliminate Styrofoam cups. No mug? Buy one!
- Need a new lawnmower? Consider going electric, or getting a mulching mower to add mulched leaves to your garden instead of bagging them.
- Volunteer for one of EYGC's Community Projects where we plant gardens and add to

changing the course of events.

We know that some of you are already taking steps to make a difference, and we would like all our members to think about how we as **individual gardeners**, and as **a garden club**, can effect change.

We anticipate this will be an on-going feature in the newsletter where we share ideas that we can all consider adopting to help make a difference.

Michael Woods

Please tell us what are you doing already. Send to: gardenclub@eygc.ca

Here are some of the ideas that we have received so far:

the greening of the city.

- Plant a Climate Victory Garden. Grow vegetables and fruit to fight climate change.
- Fill all areas of your garden. Covering exposed ground in your garden decreases water needs, curbs erosion, maintains topsoil, and protects soil microbes.
- **Compost.** In your own backyard, or through City programs. Compost improves your soil quality.
- Grow many different types of plants. Biodiversity helps your garden stay healthy, and helps keep pests in check.
- **Plant more perennials and fewer annuals.** They reduce soil disturbance, save you time, and provide habitat for wildlife.
- Avoid Chemicals. Synthetic herbicides, pesticides and fertilizers can kill beneficial organisms in the soil. This will reduce your input costs, be safer for you, your family, and the wildlife, as well as decrease pollution.
- Use people power instead of mechanization. Leaf blowers are noisy and burn energy, rakes are quiet and burn calories.
- Re-cycle your pots. City of Toronto doesn't

EYGC Climate C.H.A.N.G.E. Ideas

accept black plant pots and trays, but Loblaws does! They re-cycle them back into more plant pots and trays. We will follow up with more information on this.

- Rotate your plants and crops, if possible. This confuses pests, ensures soil nutrients stay balanced, and reduces your need for chemical inputs.
- Certify your Garden with CWF. Remember our initiative of a couple years back? It's still a great idea. Certifying your garden as a wildlife habitat increases the area where creatures of all sorts can take refuge.
- **Get to know your garden.** If you study your garden, you will learn how the sun affects the areas, how your garden handles water, and whether you have any micro-climates that

can support some unusual plants. Your gardening success will improve.

- **Save your seeds.** Do you have some plants that do really well in you garden? Why not save the seeds and share with other gardeners?
- **Consider adding a birdbath.** Sure, birds like to splash around, but they drink from them as well, along with butterflies and bees.
- Clean-up stalks and seed heads in Spring instead of Fall. That way the birds will have more food for the winter.
- Squish a bug. The more bad bugs, such as lily beetles, that you squish by hand means the less chemicals you need, and you won't kill any good bugs in the process.

Thanks to EYGC member Gail Gregory for suggesting that we incorporate some climate change ideas into our newsletter.



Share your ideas and experiences with us! Send to: gardenclub@eygc.ca or to woods-eygc@bell.net

EYGC Member Experiences



The Gardening Challenge of 2020 By Austra Gulens

We all know those glorious moments in the garden that make our hearts sing, our spirits soar, and our faces light up. The stunning beauty of a fragrant peony. Bees buzzing away on the lavender. A bright red cardinal perched on a snow-covered branch, a butterfly fluttering on a flower. The list goes on and on and on: it's why we love gardens and gardening.



And therein lies the challenge: all of this is threatened by climate change. We've all experienced the drastic changes in the weather and seasons, impacting traditional plant cycles. We've watched the suffering of animals, the destruction of entire habitats in the Australian wildfires. We've read about the massive, unprecedented loss of birds and insects. This list too, goes on and on and on: it's devastating and heartbreaking.

But, to quote the Dalai Lama, "This is no time for complacency; hope lies in the actions we take."

There is much that we *can* do, as gardeners and as citizens, to help mitigate and adapt to the effects of climate change and habitat destruction. Here at the East York Garden Club, we already have. For starters, we have our 50+ Wildlife Friendly Habitat garden certifications, our fabulous and informative guest speakers, our contributions to gardens in the community, and our inspiring pop-up gardens that show us what is working, right here in our own backyards.

We can do it. We are doing it. And yet, we know we must do more. We must ensure that our impact on the environment, large or small, is positive and nurturing, even inspiring. My proudest achievement in the past five years is how I have, in my own little corner, bit by bit, managed to do just that.

When I first started planning my garden four years ago, my goal was to fill the massive space with my favourite flowers. Inspired by Monet's garden in Giverny, I wanted a riot of blooming colour from March to November. At the time, I thought that my greatest challenge would be learning how to work with clay soil. How naïve! Because once you become deeply aware of the impact of climate change, how truly interconnected everything in nature is, and what a profound difference little actions can make, there is quite simply no turning back.



My journey to becoming an eco-friendly gardener began – and continues right here at this club. Our guest speakers are such a great source of knowledge and inspiration. They have inspired me to become more environmentally aware and helped me sift through the many

articles, websites, pamphlets, brochures, and books that I spend winter weekends researching.

Most importantly, accepting the EYGC challenge to certify my garden as a wildlife friendly habitat changed my entire approach to gardening. I no longer garden just for me: I garden for the environment, for wildlife, for the future. My

EYGC Member Experiences

garden now serves a higher purpose.

First off, how I care for my plants has dramatically changed. I never used many chemicals/pesticides, but now I do not use any at all. I want to create not destroy habitat. I also use water sparingly, except for establishing new plantings. Last year, I used the sprinkler just 3 times: a direct result of all those hours of research and selecting the right plants. I can't wait to get even more tips from the wonderful Paul Zammit when he speaks to us at our March meeting!



In addition, I no longer do fall clean up. I leave the leaves and the perennials to provide winter shelter for the bees and bugs. Now, I get to watch goldfinches nibble on coneflower and black -eyed Susan seed heads all winter long. In fact, by March the seed heads are bare, devoured to the last seed. The biggest challenge comes in the spring: waiting long enough – a good week of warm weather – to cut everything back. We are all so ready to get our hands dirty again, but wait we must! We now know that all the critters need to emerge before we get rid of their winter homes.

Secondly, focusing my plant selection on pollinator and bird friendly choices, as well as natives, has been nothing short of miraculous. My garden has become a butterfly and bee magnet! When I bring new plants home, they are covered in bees the minute I set them down. I saw over half a dozen different types of butterflies on the butterfly bushes last summer, including a few different swallowtails.



Most of my pollinator friendly plants are low maintenance, drought tolerant, and bloom for at least 6 weeks. The pollinators just can't get enough of my black-eyed Susans, garden phlox, coneflowers, Japanese anemones, lavender and Shasta daisies, to name just a few. Plus, I discovered at Plant World (oh, how I will miss that garden centre!) the lovely shrub-like Montauk (Nippon) daisy, which blooms in the fall. What a delight to have a mass of daisies blooming and buzzing with bees in October and November! The pollinators are so happy in my garden that I have even seen mating monarch butterflies, several times.

I am always on the hunt for interesting shrubs and small trees to fit my space and aesthetic. My garden pal laughs when we *seem* to have finally found a perfect specimen, because inevitably I'll ask, "But does it have seeds or berries for the birds?"



If it doesn't, I just can't buy it. At last count, 40 different species of bird have visited my backyard! My nieces joke that word is out amongst the birds that it's "the place to be" because, despite the fact I have no pond, last spring I even had a mallard duck nest in my yard! I was lucky enough to see her and the nine adorable little ducklings waddle their way down the driveway as they headed to Taylor Creek one month later. At first, I felt this little miracle had nothing to do with me, but then a friend said, "When people are accused of destroying habitat,

EYGC Member Experiences

they often say they didn't do anything. But they did. Same goes for those who create habitat. You may think you didn't really do anything. But you did." There it is, so simple: when you create habitat, magic happens.



In the end, it comes down to good research, smart choices, and getting your hands dirty. And of course inspiration. For me, that is Monet's Giverny, my butterflies and birds, and the future that I want for my nieces and nephews.

I invite you to take a look around and see what inspires <u>you</u> to take action. Then take a look at some of the climate change gardening tips and to -do lists: try one new thing and see where it takes you. Get even more inspired by visiting EYGC pop-up gardens to see – and learn - what wonders are happening right here in East York.

I'd love to show you what I have accomplished in my garden and pass on any tips that I can. Our city consists of so many private gardens: if we all do a little something, together we can make a difference and create incredible corridors of environmentally friendly habitat.

Everything we can do - large or small to help protect our beautiful planet, the only home we have, is worth the effort. Let's build on the wonderful work that we have already started and spread



the word, the joy, and the inspiration to the rest of our community. It starts with us.

We can do it. We are doing it. Let's do more.

Austra Gulens





Wendy Plume Selling EYGC Mugs at the Meeting

Remember to buy your **EYGC Mug**, T-shirt, or embroidered badge at the next meeting! Wendy will be happy to help you with your purchase!

- Mugs: \$10.00
- Badges: \$5.00
- T-shirts: \$10.00



Butterfly Project

The Guildwood Butterfly Project

On April 19, the Guildwood Butterflyway Project is hosting a workshop on native pollinators. EYGC members are invited to learn more about native plants which are vital to the survival of wild bees, birds and butterflies and the simple changes we can make to increase their chances of survival. Our expert speakers will talk about the following topics:

- Butterflies and their Host Plants Carol Pasternak
- Native Bees and Their Habitat Madison
 Marshall
- Local Birds Corey Cameron
- Plants native to Southern Ontario Debra Metsger

This training will qualify you to become a David Suzuki Foundation Butterflyway Ranger. Cost \$20. Location: Scarborough Village Rec Centre.

Register at: <u>https://www.eventbrite.ca/e/bees-</u> birds-and-butterflies-tickets-89406468153? fbclid=IwAR0I6M2PbILLadhPwj7Wz2qNn2mRHIXA -KpONKboyNw71zpmUH42v17Azic





Members Business Notices

The Garden Sitter Anita Millar



Garden Maintenance, Planting, House Sitting. Reasonable Rates

647-710-1153 Email: gardensitter1@gmail.com



Garden Related Business Notices are for members only. Notices are published once a year in one of the EYGC newsletters, spring or early summer. **Notices must be submitted to and approved by the EYGC Board of Directors.**

Jeeds and Gardening in Winter



The Winter Garden A No-waste guide to Microgreens by Heather Whetstone

By February I have already turned the pages of my seed and plant catalogues to tatters and need to get something growing or the winter blues are sure to set in. For many years I have focused on the blooms of African violets and amaryllis during the winter months but recently I have started growing microgreens, pea shoots, herbs and baby lettuce to keep me gardening all year. I just



use common household items and last year's leftover seeds to harvest enough greens to top weekly lunch sandwiches and salad or garnish our winter soups.

Repurposed Containers

Plastic tomato clam shells and the rotisserie chicken takeout containers are great for growing these greens because they have a built-in lid to hold in moisture, don't require too much soil and they are small enough to fit on my counter illuminated by the undercabinet lighting.



Speckled Peas, just Sprouting Issue Date: March April 2020

Pea shoots are a family favourite and they grow very well in an aluminium pie tin lined with moist paper napkin or paper towel.



Speckled Pea Shoots, ready for Harvest

The pea shoots are the most economical because you can cut them 2 or 3 times before they are put in the compost heap.



Leftover Seeds for Mixed Greens in Tomato Clam Shells

Jeeds and Gardening in Winter

On the other hand, micro and baby greens are usually a one-time harvest because I don't add any nutrients to the growing medium.



Beets, Garden Cress, and Arugula

This is a quick form of cropping and greens can be harvested within 7 days of sowing the seed so to keep a steady supply I plant a new crop of seeds in a separate container when the first seeds sprout in the first container. I usually use seed that is left from the previous growing season that I didn't use in the garden and I have even used soil that I had left in my planters. Good choices for microgreens include beets, swiss chard, lettuce, garden cress and arugula while herbs such as cilantro and basil are also great in salads.



Cilantro, Chard, Lettuce, and Beets

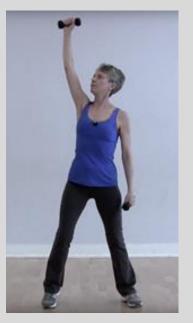
Be creative, mix and match, but most of all get growing!

Heather Whetstone

GE 3-D Fitness Workout for Gardeners

Unique fitness program – build a body capable of doing real-life activities without pain or injury.

Improve balance, flexibility and coordination



through **movement**, **stretching** and **weight training**.

Toronto Botanical Garden Tuesdays, 10am

\$20 per class Class limited to 10 participants

Register with Tena at tenavanandel@gmail.com

Growing Plants from feeds?



Renee's Garden - Organic Seeds

By Anna Leggatt

Now is the time to order seeds if you are starting plants for your garden. Many can be direct sown, as early as mid April for some crops. Other seeds need warm soil so are planted outside at the end of May or early June.

Starting seeds indoors, under lights, will give your plants a head start.

First, decide what plants you want to grow annuals, perennials, vegetables, herbs or shrubs? Look at the available space and light you have in your garden. Can you add large pots or planters for annuals, vegetables or herbs? What light do you have indoors? A fluorescent or LED light system is the best. Look at the EYGC Handbook to see if there are classes you can enter if you grow the seeds.

Then order. There are many good sources available. *Renee's Garden - Organic Seeds* is one of my favourite companies. Why? Many selections are heirloom. They are organic, reasonably priced and are available in local outlets (e.g. TBG shop) and can be ordered on line. The package arrives fast and easily from California.

Another benefit is they supply vegetable seeds specially selected for planters. Last year I grew French 'Mascotte' bush beans which produced well till frost. Container Zucchini 'Astia' grew well but died back when I did not remove the larger zucchinis. They also need some fertilizer. 'Dukat' Leafy Dill was happy in a container. Unfortunately, I did not plant enough as I did not expect to share. Swallowtail caterpillars ate it all! I bought a bunch of dill and put it in a jar beside -I hope the larvae found enough to survive!

A container vegetable packet is offered with five different selections of vegetable.

Another benefit is packets of mixed seeds. Tricolor Zucchini has plants with Jade, Gold or Emerald coloured vegetables. The seeds are colour coded so you can select for the correct number of plants. Perhaps I will order packets containing Scallions with two colours, Heirloom Summer Feast Tomatoes (three kinds in one packet) and Habanero Chile Pepper seeds (2). Then Gourmet Kale 'Purple Moon'. This is described as 'Beautiful frilled and ruffled, rich purple leaves. Mild flavour, perfect for salads!' Good for flower arrangement too!

There are many flowers to chose from. Several offerings have mixed colours. There are also butterfly packs, beekeepers packs, etc.

Browse the web site. Learn about some of the Heritage plants and conditions for germinating and growing all the offered seeds. <u>www.reneesgarden.com</u>

Contact Toronto Master Gardeners for information about growing your plants torontomastergardeners.ca

ORG & HPS has a germination guide for over 9000 plants <u>onrockgarden.com</u>

Anna Leggatt Toronto Master Gardener, GardenComm member



Do you grow plants from seeds? Do you have a favourite supplier? Send the names of your favourite suppliers to us, tell us why they are your favourites, and we will publish a list for all members to access.

Bus Trip 2020...OMG!



BUS TOUR 2020: NIAGARA REGION

Sunday June 14, 2020 8.00 am to 6.30 pm

We start by visiting a super garden in Beamsville. "Every inch of space offers a unique garden experience."

Next we're off to buy plants at Jim Lounsbery's Vineland Nursery.

We'll have a scrumptious lunch at Betty's Restaurant with homemade pie.

We'll travel along the Niagara Parkway & check that the falls are still running & then visit the Butterfly Conservatory & Botanical Gardens.

We'll end up at the Magnotta Winery & probably sample a few local wines.

Tickets are \$90.00 including all gratuities. Tickets will be on sale at the March, April & May meetings & they'll go fast. Guests are allowed but they must pay the \$20.00 OHA membership fee.

Questions: Rosalind Regnier: 416-759-6247

Issue Date: March April 2020

Recipes



Crispy Cookies

This recipe came from the Globe & Mail in 2017. Lina Cashettto wrote about her Gramma Eunice Cammack's baking and these Crispy Cookies were always available. It is one of the legacy of recipes she left behind. **Barb Fairbanks** tried it for the first time at the January 2020 garden club meeting. "I thought the recipe was just okay, but the refreshment team raved about it. So here it is...."

3-1/2 cups all purpose flour 1 tsp baking soda ½ tsp salt 1 cup butter. softened 1 cup white sugar 1 cup packed brown sugar 1 egg 1 cũp canola oil 1 tsp vanilla extract 1 cup rolled oats 1 cup Rice Krispies 1 cup slightly crushed Cornflakes (I used Bran Flakes) ½ cup´flaked coconut ¼ cup chopped pecans ¼ cup chopped almonds or peanuts (I just did a $\frac{1}{2}$ cup of pecans in total) 1/4 cup chocolate chips

Preheat oven to 325F.

Line cookie sheets with parchment paper. Combine flour, baking soda and salt in a medium -sized bowl and set aside

In a large mixing bowl, cream butter with both sugars on medium speed. Beat in egg until light

and fluffy. Stir in oil & vanilla until combined. Add dry ingredients and mix until smooth, Stir in remaining ingredients and mix well.

Spoon onto prepared cookie sheets, pressing lightly into rounds. (I used one of those small baller scoops—holds about a tablespoon—so the cookies would be a bit smaller—adjust cooking time if necessary)

Bake 12 to 15 minutes, until golden brown. For the crispiest cookies, use Eunice's technique of pressing down the cookies with a fork halfway through baking. Cool 5 minutes before transferring to a rack to cool completely.

Makes 6 dozen cookies (or more if using the scoop)

Scorpion Cocktail

We'll soon be out in the garden working hard, and it's always nice to have a treat in mind when the hard work is over. The Scorpion is a very refreshing cocktail, and a great treat after a long day of gardening, although rehydrating with water first is always recommended.



- 2 oz. Rum
- 1/2 oz. Cognac
- 3 oz fresh squeezed orange juice
- 11/2 oz. fresh squeezed lemon juice
- 1/2 oz. Orgeat Syrup (Almond Syrup) or Amaretto (Amaretto will increase the alcohol content...)

Blend the above ingredients with ice in a cocktail shaker. Strain into a Collins glass filled with ice. Garnish with a slice of orange or lemon.

Enjoy!

Recipes



Double Chocolate Brownies (Gluten-Free)

Makes 24 brownies

Non-stick cooking spray

- 1 cup canned sweet potato purée or 1/2 pound sweet potatoes, peeled, cubed, and boiled until fork-tender
- 1/2 cup unsweetened almond butter
- 1/2 cup coconut oil or unsalted butter (1 stick), melted
- 1 large egg plus 1 large egg yolk
- 1/4 cup maple syrup
- 2 teaspoons pure vanilla extract
- 3/4 cup unsweetened natural cocoa powder
- 1/2 teaspoon salt
- 1/2 teaspoon baking soda
- 1 cup plus 2 tablespoons semisweet chocolate chips (6 3/4 ounces)

Preheat the oven to 350 F. Line a 13-by-9-inch baking dish with parchment paper, leaving 2 inches of overhang on each side, and coat with cooking spray.

Combine the sweet potatoes, almond butter, coconut oil, egg and egg yolk in a food processor. Process until very smooth, making sure no chunks of sweet potato remain, about 1 minute.

Scrape down the side of the bowl and add the maple syrup and vanilla. Process until combined, about 30 seconds.

Add the cocoa powder, salt, and baking soda and process until all the dry ingredients are incorporated, about 1 minute more. Fold in 1 cup of the chocolate chips.

Pour the batter into the prepared pan, spread it into an even layer, and sprinkle with the

remaining 2 tablespoons chocolate chips. Bake until the top is set and a toothpick inserted into the centre comes out with a few moist crumbs, 27 to 30 minutes. Let the brownies cool slightly. Cut into 24 bars.

Make Ahead: The brownies can be stored in an airtight container at room temperature for up to 3 days.

From the Globe and Mail. Excerpted from Half the Sugar, All the Love by Jennifer Tylee Lee and Anisha Patel, MD, MSPH (Workman). Copyright 2019. Photographs by Erin Scott.

Thank you to EYGC member **Anna Leggatt** for making these brownies and bringing them to our February Meeting.



It's Pop-Up Time!

This will be our **5**th **year** of our version of a garden tour. Pop-Ups are at <u>your</u> convenience and they are open to EYGC members only. Your garden can be large, small or a work in progress. It's an opportunity to share knowledge and socialize with fellow members. When your garden is looking particularly lovely or is in an interesting transition or, you have a prized plant or group of plants in bloom—it is Pop-Up time!

How to Pop-Up:

- When you and your garden/plant are ready, with at least 2 days notice, contact Barb by email or phone to have your garden Pop-Up publicized to our members. It is usually on a "rain or shine" basis
- We need a bit of a description as to what members can expect to see or garden highlights
- Then decide on the hours, the number of times in a day, or series of days for viewing. It
 is all up to you, but to allow more flexibility for members to come, different times of day/
 evening are beneficial
- Barb can give you some helpful information based on past experiences, but whatever works best for you—after all you are the one sharing!
- We send out an email blast and make phone calls to those members not on email to notify them of the Pop-Up
- Once confirmed, you will be asked to post a small sign at your garden entrance, have a 'sign-in" sheet and pen available and to keep any pets indoors for the duration of your Pop-Up
- If you wish, you may offer water or light refreshments

We would love to see both new and return gardens. Don't be surprised if Barb contacts you to make this ask! We encourage everyone to think about doing a "Pop-Up"—you don't have to have a "perfect" garden just a real one! We also want to see more members attend the Pop-Ups this year. If you are able to open your garden more than once during the year it can really show members how a garden changes through the seasons.

New this year: Barb will try and coordinate a few gardens for the same day/times for members on the same street or neighbourhood—You may get a call to add your garden to the viewing!

Access to the gardens is exclusive to EYGC members. If you want to pop-up your garden, please contact: Barb Fairbanks at <u>barb.fairbanks–eygc@bell.net</u> or 416-755-0278



The 2020 May Flower Show Competition

The May Flower Show takes place at our monthly meeting held on **Thursday, May 21**. Entry time is 6:30 p.m. to 7:15 p.m. Judging begins at 7:20 p.m. sharp. Listed below are the categories for the show. You can also check out details on how to enter in the yellow pages of your yearbook.

SECTION A – CUT SPECIMENS

- 1. Bleeding Heart, 1 stem
- 2. Helleborus, 1 stem
- 3. Hyacinth, any colour, 1 spike
- 4. Iris, dwarf, 1 stalk
- 5. Lily of the Valley, 5 stems
- 6. Muscari (Grape Hyacinth), I stem
- 7. Narcissus, trumpet, 1 stem First-time exhibitor
- 8. Narcissus, large cup, 1 stem
- 9. Narcissus, small cup, 1 stem
- 10. Narcissus, any other variety, 1 stem
- 11. Polygonatum (Solomon's Seal) 1 stem
- 12. Tulip, single, red, 1 stem
- 13. Tulip, single, yellow, 1 stem
- 14. Tulip, single, any other colour, 1 stem
- 15. Tulip, double, any colour, 1 stem
- 16. Tulip, any other variety
- 17. Any other flowering bulb, corm or rhizome, under 15cm, 1 stem
- 18. Any other flowering bulb, corm or rhizome, 15cm & over, 1 stem
- 19. Violas, (Pansies, Johnny jump-ups) 5 blooms
- 20. Collection of flowers, under 15cm, 3 or more kinds, must be named
- 21. Collection of flowers, 15cm & over, 3 or more kinds, must be named
- 22. Any other flowering perennial, 1 stem

SECTION B – HOUSEPLANTS

- 1. African violet, 1 crown, 1 pot
- 2. Cactus or succulent, 1 pot
- 3. Foliage house plant, 1 pot
- 4. Orchid, 1 pot
- 5. Any other house plant, flowering, 1 pot
- 6. Cell pack of seedlings, grown by exhibitor, must be named

SECTION C – DESIGN CATEGORIES

Show Theme: "20/20 Vision"

- 1. **Eye Chart** a line design a) Experienced exhibitors b) Novice exhibitors (A person who has not yet won a first-place ribbon in a design category at any OHA flower show.)
- 2. Clarity an underwater design
- 3. Bifocals a satellite design
- 4. High Definition an interpretive design
- 5. *Fine Print* a fresh miniature design (maximum dimensions 12.7cm)



2020 Flower / how Review

A reminder: Flower flow Changes and Reminders for 2020

The Flower Show Committee has made a few small changes to the 2020 Flower Show schedule:

- There is no flower show in April! It is now a May flower show on May 21
- The overall design theme for this year is: 2020 Vision

• For each of the monthly shows (May, June and September) there will be a **class in the** "**Cut Specimens**" section that is just for first-timers. These first-timers have NEVER competed in a show prior to 2020. This is to get them/you to dip your toes and compete amongst yourselves. The entries will be judged based on the same criteria as the rest of the classes, but some helpful information from the judge and show chairs may be written on your entry tag. These first-timers may also fully compete in all other classes. The first-timers are considered first-timers for all 2020 shows.

• Entry times: You may bring your entries starting at 6:30pm to 7:15pm in May, June and September. Judging will start at 7:20pm sharp!

• Removing your entries at the end of the show: You may remove your entries no earlier than 15 minutes after the end of the meeting, <u>and</u> only with the Flower Show Chair's approval. This ensures that all members are able to view the full show before competitors start removing their entries.



∫pring Plant∫ale Change



As outlined in the Flower Show Changes for 2020, the Board decided to move our April Flower Show to May.

This means that the Spring Plant Sale that used to be at our May Meeting will now be held on **Saturday June 6th, 2020.**

Having the Plant Sales on a separate date from our meetings greatly improves the logistics of organizing the sales, as we found out with our Fall Plant Sale. Plants can be dropped off ahead of time, and the sale can easily overflow into the Sunday if necessary without having to re-locate any unsold plants.

We thank Diane & Peter Ronan, and also Michael Woods & Alan Barber, for volunteering their driveways for our future Sales.

We hope that our first Flower Show of the Year now being at our May meeting, will result in a lot more entries, regardless of when Spring decides to arrive.

The many great gardens of the world, of literature and poetry, of painting and music, of religion and architecture, all make the point as clear as possible: the soul cannot thrive in the absence of a garden.

Thomas Moore

Issue Date: March April 2020

2020 Flower / how Review

Flower fhow Trophy & Awards You Can Win in 2020



Every year there are

award presentations at our end-of-the-year AGM in November. This includes cash prizes for show points as outlined in the Flower Show Rules (the yellow section in your yearbook). This is a reminder of our trophies and awards possibilities for competitors:

We have the "Anna Leggatt Novice Award" that is awarded to the novice who received the highest aggregate amount of points in both horticulture and decorative classes in both the monthly and the annual shows. A novice is a person who has not been awarded a first prize in previous years in any OHA society shows.

We have the "**George S. Henry Trophy**" that is awarded to the member with the highest number of aggregate points in both Horticulture and Design classes in the monthly and annual shows.

Dedicated Flower / how Team Wanted for 2020 onwards!

We have 4 flower shows a year and it takes quite a few people to put on the shows and manage the arrangements.

Barb Fairbanks is looking for members to volunteer to become part of a regular team to ensure there is always someone available who knows what to do! This may involve helping set up the show tables, preparing vases for entries, assisting entrants with placing their entries and writing up entry tags, clerking (recording winners), then packing away the show and cleaning up. Generally, helping where needed.

We have 3 monthly shows in May, June and September and it is always a bit of a time crunch to get set up and get everything ready for the 7:20pm judging. If you are helping with the set up, it would be necessary for you to be at the clubhouse as early as 6:10pm and if you are helping with the clean up you may be there until 9:30pm. More detailed information is available. If you have volunteered before, please confirm you are still willing to help.

With thanks!

Please email or call *Barb* if you would like to be part of the team.

barb.fairbanks-eygc@bell.net or 416-755-0278



New to Flower / how Competitions?

Do you want to know what all the excitement is about? Do you want to win "big" (ha-ha) money at the end of the year?

If you grow any flowers, fruits or vegetables, grasses, houseplants etc then you could possibly enter any of our shows throughout the year. Or if you are interested only in the Design classes, you don't have to grow anything yourself—you can purchase flowers and foliage and get creative!

The yellow section in your yearbook (pages 11 to 24) gives you the basic information as to what you can enter and how to enter.

If you want to know more, or have questions regarding any part of the schedules or rules, please call: *Barbara Fairbanks* **416-755-0278**

A Jelection of Members Winning Photos









An additional selection of some of the winners in the Fall Photo Contest. All the photos on this page are by Anna Leggatt.

If you won any award, 1st, 2nd, 3rd, or HM, please send a digital copy to the newsletter so we can publish them in a future issue.

Thank you.







Issue Date: March April 2020

District 5 AGM Update

The speakers at the District 5 AGM in April are shown below. If you are interested in attending, please contact **Susan Bartlett** at **gardenclub@eygc.ca**

2020 District 5 Annual General Meeting Saturday, April 18, 2020 - 9:00 a.m. to 3:30 p.m. Georgina Ice Palace

Our dynamic speakers for 2020 are:



Daniele Zanotti CEO & President United Way Greater Toronto

In his over 20 years of experience in the public and non-profit sectors, Daniele's work is guided by one core value – to work in and with community across all sectors to create positive change.

As CEO of United Way York Region, he played a pivotal role in the merger of United Ways across Toronto and York Region in 2015. Under his leadership, the organization continues to apply an increasingly regional lens – in April, joining with Peel Region to form United Way Greater Toronto, the largest United Way in the world and largest funder of social services outside of government.

This scaled-up approach is improving opportunities for donors, volunteers, and partners across Peel, Toronto and York Region, and building capacity to expand local investments. The organization continues to innovate digitally to support an uprising of care that will engage 1 million people by 2025.

Daniele holds a Masters in Social Work from the University of Toronto and sits on advisory committees and boards across the region. He lives in Vaughan with his wife and two children.



Chris Gynan

(Chris will have 'trees at risk' seedlings available for sale)

Chris Gynan is a professional forester, managed forest plan approver, certified tree marker, certified arborist, butternut health assessor, and a Forestry & Landscape Pesticide Applicator. His academic qualifications include a B.Sc. Forestry and M.Sc. Forestry from the University of Toronto. His hobbies include guitarist in a Dad band, backyard farming, and rearing rare trees.

Chris has been a professional forestry consultant to private landowners, First Nations, and municipal and provincial governments since 1996. He has an expert understanding of tree and forest ecosystem management in southern Ontario.

Chris's presentation, titled "Plant 2 Trees", will lead you on a pictorial walk through a local woodlot and his hobby tree nursery to inspire you to grow some of Ontario's rarest trees. He will also share his stories on butternut recovery efforts, growing ginseng, and how you can be involved in assisted migration of trees.



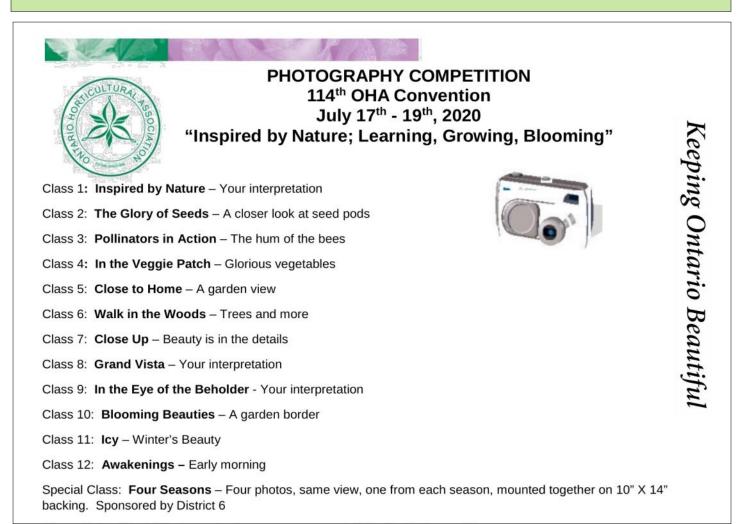


Lake Símcoe Gardeners



OHA Convention Update

Whether you are going to the OHA Convention in London, Ontario or not, you may be interested in competing in the Photography Contest or the Creative Writing Contest. Please see below:



Creative Writing Competition

Class 1 A Song - Create a song using the tune of another song and your own wording. Please name the tune and create lyrics related to the theme. "Blooming Beauties"

Class 2 Free Verse Poem – Write a poem related to the theme. Should be a minimum of 8 lines long. "Free Weeds, You Pick'em"

Class 3 Narrative - Write about "Inspired By Nature, Learning, Growing, Blooming". 500-600 words, double spaced.

For more information about the OHA Convention, and the rules for the contests, please go to the OHA website: https://gardenontario.org/convention/

∫ave the Bees, for Art's∫ake...

This artwork is from apiarist and artist Joseph Farrugia, with the help of his honey bees! You can check it out at the Cedar Ridge Creative Centre in Scarborough.

I am writing in regards to an upcoming art exhibition you and your members might be interested in. The artwork was created by millions of honey bees in collaboration with myself, artist and apiarist Joseph Farrugia.

The exhibition will be at Cedar Ridge Creative Centre (225 Confederation Dr., Scarborough) from Feb 29th to Mar 12th, with a reception on Mar 1st, from 1pm-3pm. Please drop by if your schedule permits or contact me to arrange a time for a tour. I can be contacted by phone at 647-869-5673 or by email at <u>idpfarrugia@gmail.com</u>.

Sincerely,

Joseph Farrugia www.josephfarrugia.net



A Package of feedy faturdays...

Do you like going to Seedy Saturday events? Are you looking for suppliers of new and exciting seeds? Want to see what other people are planting and growing? Here are some upcoming Seedy Saturdays (and one Sunday) that you might like to check out:

Saturday, March 21 10:00 am – 2:00 pm Scadding Court Community Centre – 707 Dundas St West katie@scaddingcourt.org 416 591 7384 ext. 402 https://www.facebook.com/events/2200446950250077/

Saturday, March 28 11:00 am – 4:00 pm Scarborough Seedy Saturday and Green Fair 100 Brimley Rd South (south of Kingston Rd) https://www.facebook.com/SSSGFair/

Sunday, March 29 10:00 am – 3:00 pm Evergreen Grows Evergreen Brick Works – 550 Bayview Ave. https://www.evergreen.ca

Notices to Members



Photographs will be taken at many East York Garden Club (EYGC) meetings and events.

It is assumed that by attending an EYGC meeting or event you are giving tacit approval for your image to be used in EYGC publications (e.g. yearbook and newsletter) that will subsequently appear on our website, or to be used for publicity for future events.

If you have any questions about this please approach a member of the Executive Board or contact us at:

gardenclub@eygc.ca or 416-469-5593

EYGC Code of Conduct

In keeping with the City of Toronto's Antiharassment policy when using any City of Toronto properties, East York Garden Club, with the kind assistance of the Leaside Garden Club, has designed an <u>EYGC Code</u> <u>of Conduct</u> to adhere to the City's regulations.

In short it says: A guiding principle of the East York Garden Club is that everyone is entitled to be treated with courtesy and respect at all times. Although EYGC promotes freedom of expression and open communication, we expect all members to adhere to this principle as outlined in the full "Code of Conduct". The full document will be published in an up-coming newsletter.

EYGC MEMBERS PLEASE NOTE:

"CANNABIS, IN ANY FORM, IS NOT TO BE AT ANY EAST YORK GARDEN CLUB MEETING, ACTIVITY OR EVENT, SUCH AS, BUT NOT RESTRICTED TO, OUR REFRESHMENTS, FLOWER SHOWS, PLANT SALES, SEED EXCHANGE."



For those 13 members who do not have email:

EYGC tries to include all our members in hearing about the special events or reminders that our email members see. We do that by telephone.

We have a *"Telephone Tree"* with Sue Wells as our Lead communicator. You may get a phone call or a message from Sue to keep you apprised of what is happening at EYGC.

If you have any questions or recommendations regarding the *Telephone Tree*, please contact:

Sue at 416-425-2473.

∫ave the Dates

Annual General Meeting

Saturday April 18, 2020

District 5, Ontario Horticultural Society (OHA)

Theme: Who Speaks for the Trees?

Date: Saturday, April 18, 2020

Place: Georgina Ice Palace, Keswick, ON

Cost: \$35

Door prizes, Flower Show and Speakers.

Registration deadline is April 1, 2020

The Early Bird Deadline is February 29, 2020.

Registration available at our regular monthly meetings.

Car pooling will be available.

114th OHA Convention

July 17th to the 19th 2020

Hosted by District 10



Learning Growing Blooming

Ontario Horticultural Association 114th Annual General Meeting & Convention July 17th, 18th, and 19th 2020

Join us at

The Lamplighter Inn & Conference Centre 55 Wellington Road South, London ON

Enjoy Free WIFI and Parking

Plenary Speakers, Competitions, Vendors, Displays Seminars & Bus Trips

Friday Night Social "Hoe Down" & Silent Auction

Saturday Evening Banquet, Keynote Speaker & Awards Ceremony gardenontario.org



Horticultural & Jeasonal Happenings



Horticultural & Jeasonal Happenings

Mark's Choice Through the Garden Gate: Wychwood

SAVE THE DATE! Saturday June 6 & Sunday, June 7, 2020 11 a.m. to 4 p.m.

Toronto's largest tour of private gardens. This self guided garden tour, now in its 33rd year, moves to a different neighbourhood each year. The 2020 garden tour will visit **20 private gardens** in the mid-Toronto neighbourhood of **Wychwood**.

Tickets will go on sale in January/February.

Widflowers - Strees - Forns Crasses - St Cra

Native

Christie Pits Park Sun, May 31, 2020

Dates:	Title:	For More Info Contact:
04Mar2020	Wild Bees: Beauty and Importance, by Dr. Laurence Parker. March 4th, 7:00 to 8:30pm. Cost: NANPS Members \$15.00, Public \$20.00, at U of T, Koffler Building. North American Plant Society.	https://nanps.org/events/
05March2020	Start Vegetable Seeds Indoors, Marc and Hazzan Green. TBG Thursday March 5th, 6:30-9:30, Toronto Botanical Garden, Members \$55.00, Public \$68.00	https://torontobotanicalgarden.ca/
26March2020	Bring Back the Birds, Toronto Botanical Gardens, Thursday March 26th, 2020, 7:00-8:30PM. Members \$18.00, Public \$22.00.	https://torontobotanicalgarden.ca/
07April2020	Herbal Body Lotion, by Lily Lin & Corinna Taverna, Toronto Botanical Garden, April 7th, 2020, 7:00-9:00 PM. Members \$32:00, Public \$40.00	https://torontobotanicalgarden.ca/
16April2020	Soil Science for the Gardener, TBG, April 16th, 2020, 7:00-9:00 PM. Members \$24.00, Public \$30.00.	https://torontobotanicalgarden.ca/
15April2020	Butterflies, by Jessica Linton, U of T, Koffler Building, Wednesday April 15th, 7:00-8:30. NANPS Members \$15.00, Public \$20.00. North American Plant Society	https://nanps.org/events/

This list is to alert you to some of what's going on horticulturally in Toronto and the surrounding areas. Comprehensive information about each event is not listed here. We don't have the space for that, but if you see something that interests you, then please explore it further on your own.

If you go to any of these events, please tell us all about your experiences. Thanks!

The Back Page Garden...

Show us your backyard! (or front yard, or balcony...)

Send a photo of your garden at its best, or at your favourite time of year. Show your whole yard, a cozy corner, or any "vignette" that you love & want to share with EYGC members.

Be selective and send only one or two photos, preferably in jpeg format - fairly high resolution is best for clarity. Send to the newsletter at:

woods-eygc@bell.net

Shown to the right is **Coltsfoot** (tussilago farfara) growing along the side of Pottery Road, courtesy of EYGC member Monique Gauthier



Here we Grow Again... Welcome New EYGC Members Please join us in welcoming our most recent members:

Sheila Cary-Meagher, Joan Spears



If you would like to make a submission to be included in the next issue of "The East York Garden" newsletter, the next deadline is:

April 24th, 2020

Please email your comments regarding our newsletter, or your submissions for the next issue, to **Michael Woods** at: woods-eygc@bell.net We're on the Web! Find out more information and get back issues of this newsletter at our website:

www.eygc.ca



"The East York Garden" is the Newsletter of the East York Garden Club